

EMPLOYEE CONNECTION

Center for Social Change

CSC Monthly Magazine

Mission

Our Mission is to provide services of the highest quality for people with cognitive and developmental disabilities and related disorders including autism that optimize each individual's independence and capabilities, ensure self-determination and rights and, with partnerships in the community, enhances their opportunities to live healthy, safe and valued lives.

Vision

Our Vision is to provide programs and services to individuals with developmental disabilities and related disorders including autism to live and work in the community and exercise their rights, choice and freedom and to live independent of institutional life through integrated efforts of change agents who are passionate about changing lives of people with disabilities throughout the world.

EMPLOYEE OF THE MONTH



Folarin Owolabi: When in need of assistance, look no further than job coach Folarin. Folarin has worked in the day program since April of 2018 and has not faltered in his willingness to help out wherever he is needed. Not only does Folarin work closely with his assigned individuals, but he is compassionate and understanding with every individual that we serve at CSC. You can find Folarin working hard with the maintenance crew, and helping individuals with healthy coping mechanisms.



Congratulations

Usman Alawode: Usman has been highly recommended for the employee of the month. He has proven to be a team player and a great advocate for the individuals he works with. Usman is known for his excellent work ethics. He is praised for his hard work, sincerity, and perseverance. CSC appreciates his craving for perfection, communication skills and his humble behavior with all the staff members and individuals.



Congratulations

Mandatory House Managers /Lead Staff Meeting

Arrive at 12pm promptly!

- ◆ Wednesday, 05/01/2019
6600 Amberton Dr.
- ◆ Wednesday, 05/15/2019
9300 Liberty Road

Mandatory All Children Home Staff Meeting

Arrive at 12pm promptly!

- ◆ Thursday, 05/22/2019
9300 Liberty Road.

Current Job Openings

Direct Care Staff: Multiple positions during weekday, weekends, and awake overnight.

Requirements: High School Diploma, CMT, Valid Maryland driving license with less than 2 points in driving record at all times and Minimum one year of experience of working with individuals with developmental disabilities.



BPS

All Staff Coming in Contact with Individuals having a Behavior Plan must continue with this training.

All staff are also required to complete MANDT Training by 7/2020

SPECIAL THANKS

Center for Social Change would like to thank all of you for your dedication to CSC and individuals. The accomplishments we have achieved and all the improvements we have made, we could not have been attained without your support and efforts.

Thank You



Ebenezer Olarewaju
 Jacynth Morgan
 Jane Wangari
 Sara Wako
 Ilesanmi Oyewole
 Uwaka Kalu
 Chukwudi Onyekwere
 Candace Mccorkle
 Adeniyi Ademuyiwa
 Akinjide Akinwale
 Muyideen Haruna
 Blessing Eromosele
 Olatunde Amao
 Temitope Falana
 Olanrewaju Makinde
 Paramjit Kaur
 Barnabas Mbonde
 Lateef Wright
 Verdardine Allen
 Anita Shrestha
 Jamiu Sadique
 Doris Moma
 Kenneth Egabou
 Anifat Kareem
 Olawumi Olafare



Latifat Oyetoro Julie Novinskie
 Lydiah Barare Charlie Winstead
 Anthony Aburumaku Andre Garrett
 Peter Lenyee Denise Langley
 Damilola Benedict Anthony Onyebuchi
 Gbenga Ajiboye David Nkengim
 John Sotubo Teonna Cole
 Timilehin Akanji Folakemi Lawal
 Kim Robinson Tramaine Gause
 Cheryl Anyaorie Oluwatosin Oni

Never leave children, adults with disabilities, or pets in parked vehicles!

Each year, dozens of children and untold numbers of pets left in parked vehicles die from hyperthermia, which occurs when the body absorbs more heat than it can handle. Hyperthermia can occur even on a mild day with temperatures in the 70s. Studies have shown that the temperature inside a parked vehicle can rapidly rise to a dangerous level for children, pets and even adults. Leaving the windows slightly open does not significantly decrease the heating rate. The younger the child the more severe the effects because their bodies have not developed the ability to efficiently regulate its internal temperature.

How fast can the sun heat a car?

The sun's shortwave radiation (yellow in figure below) heats objects that it strikes. For example, a dark dashboard or seat can easily reach temperatures in the range of 180 to over 200°F. These objects (e.g., dashboard, steering wheel, child seat) heat the adjacent air by conduction and convection and also give off longwave radiation (red in figure below) which is very efficient at warming the air trapped inside a vehicle.



In just over 2 minutes the car can heat up from a safe temperature to an unsafe temperature of 94.3°F. This is how quickly a vehicle can become a death trap for a child, adult with a disability, or a pet..

Caregiver duties and responsibilities

Home Management and Care Planning: It can be tricky to know just how much of a commitment caregiving can place on others. One useful way to ensure proper coverage for all tasks is to create a care plan to manage the home and the health responsibilities. This plan should be created with the input of the medical team, family members, and all those providing services.

Prescription Medication Management: Since medications do fall under the umbrella of health care, it can be tempting to have the same person handle everything. The caregiver should also regularly check on medication supply; since some pain prescriptions are a target for theft, controlled substances should be locked up and counted on a daily basis.

Assisting with Meals and Nutrition: It's not enough to ask a caregiver to make meals. In fact, since many older adults lose their appetites and take in fewer calories as they age, the food they eat must be of the best nutrition possible.

Help with Personal Hygiene and Care: Getting assistance with bathing, using the toilet, cleaning up after being sick, or washing and combing their hair can be a necessary step for aging in place. Since it's a delicate topic, be sure that the caregiver is kind natured and patient.

Help and Mobility: Whether it's learning to properly move someone from the wheelchair to toilet or noticing the signs of someone at risk for a fall, the skills a caregiver needs to ensure safe movement both inside and outside the home are vital. Proper "transfer" methods (those used to transition a loved one from one position to another) are needed to avoid injury to both the caregiver and the senior loved one.

Home Maintenance and Housekeeping: A good caregiver should have basic cleaning skills. They should have no problem helping out with or doing the dishes. Knowing how a toilet plunger works and feeling comfortable changing a lightbulb are just two examples of how a caregiver can also help.

MAY OBSERVANCE

- May 12. Mothers Day**
- May 28. Memorial day**
- May 29. International Day of United Nations Peace keepers**
- May 31. World No Tobacco Day**

Things to Do

- ⇒ It's time to get the spring clothing out. Make sure that clothing fits and is professional when you come to work. For safety, wear closed toe shoes.
- ⇒ Request outside activities for your individuals. It's time to have fun with this beautiful weather.
- ⇒ Use plenty of sunscreen when going out in sun.
- ⇒ It is very important that everyone drinks enough water. Take bottles with you on activities as well. Make sure that it is documented on the fluid intake chart.

Center For Social Change

MEMORIAL DAY Celebration

FOODS - DRINKS - MUSIC

Date: Friday, May 24

Time: 11am-2pm



Ahodu Adaraloye for scoring 100% marks in the 2 Year Clinical Update Course.

Share your input on the Employee Connections. Send information to Fahad Arshad (System Support Analyst) via phone 410-579-6789*809 || Email: fahad@centerforsocialchange.org

