



# EMPLOYEE CONNECTION

## Center for Social Change

### CSC Monthly Magazine

#### Mission

Our Mission is to provide services of the highest quality for people with cognitive and developmental disabilities and related disorders including autism that optimize each individual's independence and capabilities, ensure self-determination and rights and, with partnerships in the community, enhances their opportunities to live healthy, safe and valued lives.

#### Vision

Our Vision is to provide programs and services to individuals with developmental disabilities and related disorders including autism to live and work in the community and exercise their rights, choice and freedom and to live independent of institutional life through integrated efforts of change agents who are passionate about changing lives of people with disabilities throughout the world.

#### Current Job Openings

**Direct Care Staff:** Multiple positions during weekday, weekends, and awake overnight.

**Requirements:** High School Diploma, CMT, Valid Maryland driving license with less than 2 points in driving record at all times and Minimum one year of experience of working with individuals with developmental disabilities.

## EMPLOYEE OF THE MONTH



**Jane Wangari:** Jane is described as compassionate, dedicated and a quick learner. Although she is fairly new to Center for Social Change, Jane has consistently proven to be team player and shown the willingness to go above and beyond to serve the individuals. Her extra effort, insight and punctuality are commendable. Center for Social Change recognizes and appreciates your dedicated efforts and congratulates you.



**Congratulations**

**Shantel Dickerson:** Shantel is the kind of person who is always willing to help – no matter what the situation. She works closely with the individuals that she is assigned and has built wonderful relationships with all. Apart from her own work, Shantel is always willing to help her co-workers and supervisors. You can always count on Shantel for support, feedback, or a laugh. Thank you for all that you do!



**Congratulations**



#### **Mandatory House Managers /Lead Staff Meeting**

##### **Arrive at 12pm promptly!**

- ◆ Wednesday, 03/06/2019  
6600 Amberton Dr.
- ◆ Wednesday, 03/20/2019  
9300 Liberty Road

#### **Mandatory All Children Home Staff Meeting**

##### **Arrive at 10am promptly!**

- ◆ Thursday, 03/28/2019  
6600 Amberton Drive.

**Emergency Preparedness, Food Preparation, Cultural Diversity and Fire Safety**

**All Staff unless exempted by  
March 31, 2019**

**Contact your Program Coordinator for Query**

#### **SPECIAL THANKS**

*Center for Social Change would like to thank all of you for your dedication to CSC and individuals this past year. The accomplishments we have achieved and all the improvements we have made, we could not have been attained without your support and efforts. Thank You*



Christiana Oludoja  
 Gifty Vittor  
 Ajibike Adelabu  
 Ebeneza Moma  
 Ibrahim Abdulrahman  
 Mary Oddoye  
 Martha Molua  
 Giveth Nguaike  
 Courtney Bennett  
 Ernest Nji  
 Oladimeji Adesegha  
 Jerome Iheoma  
 Angie Fogle  
 Toluwalope Fadeyibi  
 Funmilola Ogunkoya  
 Adewunmi Adewole  
 Adekitan Oyefeso  
 Chimaobi Okereke  
 Bukola Abake -  
 Ogunremi  
 Raymond Nkafu  
 Pius Khumbah  
 Akuakem Defang  
 Olalekan Adepegba  
 Frank Acheampong  
 Mercillina Abidakun  
 Kim Robinson  
 Yetunde Orimoloye  
 Ayodele Ajayi  
 Jasmine Slater  
 Mohammed Umoru  
 Titilayo Lateef  
 Idowu Talabi  
 Anthony Onyango

### Prepare for Spring Weather

Spring is the time of year when many things change—including the weather. Temperatures can swing back and forth between balmy and frigid. Sunny days may be followed by a week of stormy weather.



Sometimes extreme weather changes can occur even within the same day. Mark Twain once said, “In the spring I have counted one hundred and thirty-six kinds of weather inside of four and twenty hours.”

Thunderstorms cause most of the severe spring weather. They can bring lightning, tornadoes, and flooding. For much of the world, this happens in spring and summer. So planning ahead makes sense; prepare for storms, floods, and tornadoes as if you know in advance they are coming, because in the spring, they very likely will.

- A battery-operated flashlight, a battery-operated NOAA Weather Radio, and extra batteries for both
- An emergency evacuation or shelter plan, including a map of your home.
- A list of important personal information, including: telephone numbers of neighbors, family, and friends
- Insurance and property information  
telephone numbers of utility companies  
medical information



|                    |                          |                |
|--------------------|--------------------------|----------------|
| Jamal Howard       | Akua Crosby              | Prosper Egedi  |
| Modupe Osinkolu    | Peter Asuquo             | Toure Johnson  |
| John Ayrookuzhiyil | Felicia Ocran            | Theresa Makell |
| Stella Olaleye     | Temitope Olugbodi        | Taysha Bernard |
| Adeniyi Ademuyiwa  | Shatara Jordan           |                |
| Adebayo Somoye     | Oluwakemi Odole-Ogidiolu |                |
| Ayodele Falokun    | George Asare             |                |
| Idowu Talabi       | Tijani Abimbola          |                |

### How to Stay Safe and Healthy during Spring

Spring is beautiful, but it's also a key time of year for seasonal allergies. As plants release pollen, millions of people with hay fever start to sniffle and sneeze. There's no cure but you can take steps to curb springtime allergies, from medication to household habits.

**Causes** The biggest spring allergy trigger is pollen. Trees, grasses, and weeds release these tiny grains into the air to fertilize other plants. When they get into the nose of someone who's allergic, they send the body's defenses haywire. The immune system mistakenly sees the pollen as a danger and releases antibodies that attack the allergens. That leads to the release of chemicals called histamines into the blood. Histamines trigger the runny nose, itchy eyes, and other symptoms that are all too familiar if you have allergies. Pollen counts tend to be particularly high on breezy days when the wind picks up these sneeze-inducing grains and carries them through the air. Rainy days, on the other hand, wash away the allergens.

- Symptoms**
1. Runny nose
  2. Watery eyes
  3. Sneezing
  4. Coughing
  5. Itchy eyes and nose
  6. Dark circles under the eyes

#### Tips to Keep Pollen at Bay

- T**ry to stay indoors whenever the pollen count is very high. The counts usually peak in the mornings.
2. Keep your doors and windows closed during the spring months to keep allergens out.
  3. An air purifier may also help Clean the air filters in your home often. Also, clean bookshelves, vents, and other places where pollen can collect.
  4. Wash your hair after going outside, because the allergen can collect there.
  5. Vacuum twice a week. Wear a mask, because vacuuming can kick up pollen, mold, and dust that were trapped in your carpet.

#### March Observance

Mar 03: World Wildlife Day  
 Mar 10: Daylight Saving Time  
 Mar 17: St. Patrick's Day  
 Mar 23: World Meteorological Day  
 Mar 24: World Tuberculosis Day  
 Mar 25: Maryland Day  
 Mar 29: National Vietnam War Veterans Day