

EMPLOYEE CONNECTION

Center for Social Change

CSC Monthly Magazine

Mission

Our Mission is to provide services of the highest quality for people with cognitive and developmental disabilities and related disorders including autism that optimize each individual's independence and capabilities, ensure self-determination and rights and, with partnerships in the community, enhances their opportunities to live healthy, safe and valued lives.

Vision

Our Vision is to provide programs and services to individuals with developmental disabilities and related disorders including autism to live and work in the community and exercise their rights, choice and freedom and to live independent of institutional life through integrated efforts of change agents who are passionate about changing lives of people with disabilities throughout the world.

EMPLOYEE OF THE MONTH



Idris Oyetoro: Idris works as a Direct Care support staff and is always willing to assist in order to make sure everything is taken care of in the home. He is doing a wonderful job of taking care of individuals in the house and assisting them with learning coping skills to reduce behaviors in the home. He remains flexible and a true team player to get the things completed within his assigned home as well as in neighboring homes for CSC. We appreciate his willingness to go above and beyond what is expected.



Congratulations

Denisha Gaither: Denisha Gaither has been highly recommended for the Employee of the Month. She always willing to help out. Denisha frequently covers alternate transportation routes, works one-on-one with individuals at home and in the day program, and is always willing to do newly assigned tasks. She maintains a positive relationship with the individuals. Denisha is a committed and helpful employee.



Congratulations

Mandatory House Managers /Lead Staff Meeting

Arrive at 12pm promptly!

- ◆ Wednesday, 06/05/2019
6600 Amberton Dr.
- ◆ Wednesday, 06/19/2019
9300 Liberty Road

CPR and First Aid
All Program Staff must keep current training certificates. Good practice is signing up for class the month before it expires.



Current Job Openings

Direct Care Staff: Multiple positions during weekday, weekends, and awake overnight.

Requirements: High School Diploma, CMT, Valid Maryland driving license with less than 2 points in driving record at all times and Minimum one year of experience of working with individuals with developmental disabilities.




Mandatory All Children Home Staff Meeting

Arrive at 12pm promptly!

- ◆ Thursday, 06/13/2019
6600 Amberton Drive.



Home Computers are connected with the network please don't shutdown after use






We wish you a very Happy Birthday!!!

Adebayo Somoye
Mayowa Faloba
Kafilat Brown
Celia Babb
Happie Richards
Norman Cofield
Stella Olaleye
Jamielle Garland
Abdulwahhab Idris
Prosper Egedi
Basil Anikwe
Cordaryl Scribner
Olatunde Ajayi
Linda Asanga
Titilayo Olaiya
Tanika Murray-Whitehurst
Oluyemisi Adu
Ayodele Falokun
Christine Njotsa
Usman Alawode
Brittany Wooding
Oluwafemi Ibidapo
Selwyn Finch
Clinton Taberi
Olusegun Daramola
Onyitari Nabena
Gbenga Ajiboye



We thank you for your services for our individuals!!

Mercillina Abidakun
Yvonne Abongmekam Epe
Nguh
Ragi Puthur
Roy Munson
Asia Johnson
Abosede Olowoyile
Olasunkanmi Adelanke
Idris Oyetero
Jamielle Garland
Denisha Gaither
Cosmas Mutua
Morayo Adedayo

Summer Skin Precautions

As you age, your skin grows thinner, more fragile and less likely to protect and rejuvenate itself. Because sun damage is the greatest threat to human skin, people with sensitive skin must take diligent precautions to avoid as much sun exposure as possible. While various methods and cosmetic topical products are effective, understand that no single approach is 100% successful in warding off ultraviolet (UV) radiation, a known cause of skin cancer and other skin related diseases. The best advice is to combine smart sun care tools and techniques to protect your skin from the harmful effects of the sun. Here are some tips to help keep your clients sun-safe all season long.

1. Don't Tan and Don't Burn

Use a sun shade or a beach umbrella when sitting outside. Sunbathing is not a good idea especially for the mature skin that has already sustained a lifetime of damage from the sun's UV rays. Tanning and sunburn increase their risk for skin cancer greatly.

2. Pick Shade Over Sun

Whether you're at home or out walking, prevent sun damage to skin by staying in shady corridors or porches, especially during the hottest part of the day. The American Academy of Dermatology (AAD) notes that the sun's rays are strongest in North America between 10 a.m. and 4 p.m.

3. Apply Sunscreen Daily

Sunscreen is the most powerful skin care product you can use to protect aging skin. Sunscreen strength is scientifically proven to absorb 97% of harmful UV

rays, which are able to pass through clouds and glass. Reapply sunscreen to your skin after sweating or showering and use it liberally.

4. Don't Forget to Moisturize

Keep skin moist with a high-quality lotion or cream. Elderly skin is already prone to dryness, which sun damage and hot temperatures can make worse. A good moisture barrier created by applying a skin care cream or lotion prevents water loss from the various layers of skin.

5. Wear Protective Clothes

Long-sleeved shirts and long pants create excellent, inexpensive sun protection for skin. Clothing with a tight weave offers substantial, reusable, and full body coverage, unlike sunscreens that wash off and must be reapplied. The Skin Cancer Foundation suggests using specially designed UV hats and clothing that provide extra sun safety for times when you wish to be outdoors.

6. Use Protective Accessories

Fabrics and films that block UV radiation are also used to make umbrellas, sunglasses, window shades and car window tints. Shield your skin from damage with these items that are endorsed by the Skin Cancer Foundation.

7. Stay home Stay indoors and in the air conditioning as much as possible. If air conditioning is

unavailable, stay on the lowest floor out of the sun. Fans are not effective when the temperature is above 90° F and humidity is above 35%.

8. Eat light, eat right Eat well balanced light meals and avoid using the oven in the hottest part of the day. Keep fresh produce chilled in the refrigerator and



snack on that. Salads, veggies, even chilled soups as good alternatives for heavier meals.

9. Avoid temperature changes

Avoid extreme temperature changes such as taking a cool shower immediately after coming in from the heat. It may sound good, but may result in hypothermia, particularly for the elderly. A good way to cool off is to lightly spray water on the body.

10. Do it later: Reduce, eliminate, or reschedule outdoor activities until the temperature is cooler (usually in the early morning or late evening).

JUNE OBSERVANCE	
June 5	World Environment Day
June 14	Flag Day
June 16	Father's Day
June 21	First Day of Summer

