



Our Mission is to provide services of the highest quality for people with cognitive and developmental disabilities and related disorders including autism that optimize each individual's independence and capabilities, ensure self-determination and rights and, with partnerships in the community, enhances their opportunities to live healthy, safe and valued lives.

Our Vision is to provide programs and services to individuals with developmental disabilities and related disorders including autism to live and work in the community and exercise their rights, choice and freedom and to live independent of institutional life through integrated efforts of change agents who are passionate about changing lives of people with disabilities throughout the world.

MANDATORY HOUSE COORDINATOR MEETING

Thursday, August 8, 2024 | 12:30pm @Amberton
Thursday, August 22, 2024 | 12:30pm @Amberton

Everyone is REQUIRED to come and be on TIME!

EMPLOYEE OF THE MONTH



Oyindamola Gbadebo is a dedicated employee who has been recognized as employee of the month for her outstanding work in creating a safe and nurturing environment for the children in her care. She recognizes the importance of building strong relationships with each child in her care and takes the time to understand their individual needs and personalities. This not only helps her provide personalized care, but also allows her to create meaningful connections with the children.



Olanrewaju Sodipo is a shining example of a great employee. His leadership qualities are beyond reproach, and he is always willing to lend a helping hand whenever the need arises. He has been great assistance at 8857 Lincoln while Tolu was out. He was proactive with appointments and communicated promptly regarding any concerns in the house. He has a great sense of responsibility and is always reliable and committed to his work which makes him a fantastic team player.



Otis Pullen has been recommended for this month's employee of the month by several of our CSC home staff. He has been described by many as hardworking and dedicated at all times. He goes beyond his assigned responsibilities and is available whenever needed. Otis also treats all the individuals and staff with utmost respect. He is always willing to lend an extra hand, keeps a calm demeanor when redirection is needed. We appreciate his service and commitment!



Requirements:

- * High School Diploma * Valid Maryland Driving License
- * Must have at least 12 months experience of working with medically fragile children
- * Ability to lift 60+ pounds, CMT
- * Sensory input techniques and operation of adaptive equipment and attentive to the child's needs

For more information contact

Ms. Dana Dimas

Director of Programs

Center for Social Change Inc.

6600 Amberton Dr, Elkridge, MD 21075

Ph: 410 579 6789 Ext: 225

PERSONAL SUPPORT STAFF REQUIRED

Center for Social Change and the family of a child is looking for a highly-skilled, motivated, and compassionate staff to work with a 14-year-old child who has multiple disabilities.

Training required: All DDA mandated training, including CPR, First Aid, and Mandt.

Share your input on the Employee Connections. Send information to

Ms. Dana Dimas via Phone: 410 579 6789 * 809 or Email: dana@centerforsocialchange.org

AUGUST IS SELF-AWARENESS MONTH



August is Self-Awareness Month! So, the key to this is to help yourself live your best life. Whether you have a medical issue or going through a difficult time; it is essential to learn the best ways to care for yourself.

Self-care today is often associated with bubble baths, chocolate, and Netflix. But at the heart of it, self-care is all about taking care of your health.

Self-care is about:

- **Knowing your limits**
- **Taking care of your body**
- **Getting enough sleep and knowing when to rest**
- **Finding productive ways to work through a difficult situation**

TYPES OF SELF -CARE:

-Emotional self-care is practicing self-acceptance, kindness, and love. This is spending time with friends, family and beloved pets. Maybe writing yourself inspirational notes or journaling to get negative emotions out of your head and onto paper.

-Mental self-care is tending to your mind and either letting your brain relax or be challenged. This could be taking a break from social media or playing some mindless games. However, this could also be learning something new, reading a book, or crossing items off of your to-do list

-Physical self-care is all about taking care of your body. This could be the basics, like getting enough sleep, having some light exercise, drinking water, and maintaining food hygiene. Physical self-care could also be stretching, doing yoga, dancing, eating nutritious snacks.

-Spiritual self-care is one form of self-care that is often forgotten about. This form of self-care is about tending to your spiritual needs, such as meditating, praying, taking a long nature walk, or even volunteering in your community.



Happy Birthday

Marcia Williams Olayode Olayede-Asanike Racheal Ismail Akinwunmi Are Adaeze Uzoukwu Funmilayo Akanji Antoinette Sawah Olasunkanmi Adelanke Ragi Puthur Siffat Anifowoshe Funmilayo Alabi Oluwafunke Adeyeye Noble Obi	Lydiah Barare Anthony Ekundayo Joshua Pittman Charles Tangwan Shelby Shelton Angela Hodges Olatunji Mobolaji Eric Nzurumike Titilayo Adesalu Gladys Obinomea Rawlings Take Ismail Gbadebo Nkiruka Nibo Oluwakemi Oyeyemi Korpo Zaza Tyrik Braxton
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HAPPY Anniversary

Mosunmola Ilupeju Jane Wangari Benjamin Ayera Karen Braxton Bimbo Akinyede Destiny Gingles Afunanya Nwakile Adenike Sotubo Brittany Wooding Bosun Oguntoyinbo Okechukwu Anyanwu Timothy Gregory Olatunde Amao Prudencia Fieze Bolanle Abayomi Joshua Pittman	Modupeola Adeniyi Saubana Okewoye Gift Asokuarami Christina Drinnon Lakeira Quarles Mayowa Adesina Chiamaka Adimegwu Janet Alao Adeyinka Olawunmi Nidacarole Dzedzou Kazi Oluwakemi Oyeyemi Elsie Iloabachie Olawunmi Ojo Marvian Jones Agnes Kuteyi
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What would you like to know more about?
 Send information to
Dana Dimas | Director of Programs
 T: 410-579-6789*225 | E: dana@centerforsocialchange.org

