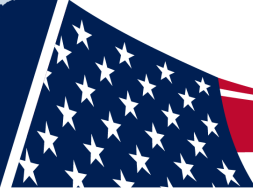




CSC MONTHLY MAGAZINE  
**EMPLOYEE  
CONNECTION**



★ ★ ★  
CELEBRATING  
**LABOR  
DAY**



**Our Mission** is to provide services of the highest quality for people with cognitive and developmental disabilities and related disorders including autism that optimize each individual's independence and capabilities, ensure self-determination and rights and, with partnerships in the community, enhances their opportunities to live healthy, safe and valued lives.

**Our Vision** is to provide programs and services to individuals with developmental disabilities and related disorders including autism to live and work in the community and exercise their rights, choice and freedom and to live independent of institutional life through integrated efforts of change agents who are passionate about changing lives of people with disabilities throughout the world.

**MANDATORY  
HOUSE COORDINATOR MEETING**

Thursday, 9/21/2023 | 12:30pm @6600 Amberton

Everyone is **REQUIRED** to come and be on **TIME!**

**EMPLOYEE OF THE MONTH**

**Janeal Mullen** truly embodies the spirit of a team player. Since joining our day program as a job coach, she has made a significant impact on both her colleagues and the individuals under her care. With her infectious positive energy, Janeal creates a welcoming and supportive environment for everyone around her. She is not only a job coach, but also a mentor who takes initiative in helping individuals with their resumes, job applications, and even accompanying them to job interviews. Janeal approaches every task with enthusiasm and a can-do attitude, never shying away from a challenge.



**Idowu Aworanti** is an exceptional employee who is hardworking, dedicated and caring. Her diligent efforts in ensuring that the children under her care reach their daily goals and receive necessary medical attention speaks volumes about her commitment to her work. Beyond her professional duties, she consistently demonstrates a willingness to go above and beyond to help her colleagues whenever they need extra support.



**Evelyn Hall** is an invaluable member of the team, known for her exceptional work ethic, and commitment to every individual she serves. As the employee of the month, she has been recognized for her outstanding skills as a team player. During a recent emergency situation, Evelyn's dedication and commitment to her work shone through. She quickly and efficiently handled everything as per CSC policy and reached out to those in need, taking measures to correct the situation. As a result of Evelyn's quick thinking and action, the situation was resolved promptly and smoothly. Her professionalism and dedication to her job are truly remarkable, and she is an inspiration to her colleagues.



**WE'RE  
HIRING!**  
JOIN OUR TEAM  
SEND US YOUR CV

**Requirements:**

- High School Diploma \* Valid Maryland Driving License
- Must have at least 12 months experience of working with medically fragile children
- Ability to lift 60+ pounds, CMT
- Sensory input techniques and operation of adaptive equipment and attentive to the child's needs

For more information contact

**Ms. Dana Dimas**  
Director of Programs  
**Center for Social Change Inc.**  
6600 Amberton Dr, Elkridge, MD 21075  
Ph: 410 579 6789 Ext: 225

**PERSONAL SUPPORT STAFF REQUIRED** Center for Social Change and the family of a child is looking for a highly-skilled, motivated, and compassionate staff to work with a 14-year-old child who has multiple disabilities.

Training required: All DDA mandated training, including CPR, First Aid, and Mandt.  
Share your input on the Employee Connections. Send information to  
Ms. Dana Dimas via Phone: 410 579 6789 \* 809 or Email: [dana@centerforsocialchange.org](mailto:dana@centerforsocialchange.org)

**SELF-IMPROVEMENT MONTH**

September is Self-Improvement Month; a time to improve yourself, set new goals, and eliminate the negative things in your life that are holding you back. One of the best investments that you can make in your life is to invest in improving yourself physically, spiritually, and mentally. Self-improvement could be any set of steps or actions (minor or major) that you take with an aim of making yourself better than you were before.

If you're unsure of where to start, here are a few practical ways of improvement to consider:

- Pick up a new hobby
- Sit in on a seminar or workshop
- Start your days earlier
- Incorporate exercise into your daily routine
- Do something out of your comfort zone, often
- Quit a bad habit

**SMART tips for setting goals**

If your aspirations are ill-defined or ambiguous, you're more likely to become delayed -or even completely derailed- when encountering an unexpected situation. To help prevent either from happening, one of the most recommended tips for setting goals is to make sure any goal you set is SMART (Specific, Measurable, Attainable, Realistic, Timely). These five aspects are not in order of importance and should be carefully considered individually before moving forward:

**Specific:** Run through the "who, what, where, when, and why" of your goal. It can be helpful to write these points in a planner or journal so you can reference them again.

**Measurable:** In order to know whether you've accomplished your goal or not, you'll need to determine how you'll know. Don't forget to consider ways you can measure your progress along the way.

**Attainable:** Some of your goals may be loftier than others but in order for it to be considered attainable, you must actually believe that you can achieve it. This belief in yourself is what fuels your excitement and motivation to keep going.

**Realistic:** If it's not realistic you won't be motivated to take action. This means that the areas outside of your control (e.g., time, space, other people) Timely: Whether your goal is short or long term, make sure you have a clear idea of what your anticipated timeframe and/or deadline is.



Happy Birthday

Ahmodu Adaraloye Olabisi Taiwo Rachae Matthews-Grahams Anthonia Olaleye Olawumi Akinleye Olugbemisola Sogbamu Janeal Mullen Mayowa Adesina George Nkwenti	Adedokun Adelekun Ndikum Fru Terence Samuel Alale Damilola Ojo Yetunde Oladokun Shavan Lee Kemi Ilesanmi Habeeb Gbadgesin Selpha Koyier Roy Munson
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HAPPY Anniversary

Ismail Gbadebo Bamidele Falusi Olawumi Olafare Adaeze Uzoukwu Loveth Aliemeke Mbua Pundji Ivon Nahjela Misikir Zenebe Omolara Jaiyesimi Christopher Nwaukwa Lauren Walk Oluseye Olusoga Anthonia Olaleye Funmilayo Alabi Faosat Thompson Emmanuel Fatile	Olaniyi Agboola Bernard Mbah Olugbemisola Sogbamu Mojisola Sulaimon Diamond Lucas Odaro Inomwan Victor Sotubo Jasmine Slater Emilia Hojoh Oyindamola Gbadebo Modupe Epebinu Udochukwu Meribe Lisa Hughes Olubisi Adekanmbi Habeeb Gbadgesin
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What would you like to know more about?  
 Send information to  
**Dana Dimas | Director of Programs**  
 T: 410-579-6789\*225 | E: [dana@centerforsocialchange.org](mailto:dana@centerforsocialchange.org)

