

CSC MONTHLY MAGAZINE EMPLOYEE CONNECTION



Our Mission is to provide services of the highest quality for people with cognitive and developmental disabilities and related disorders including autism that optimize each individual's independence and capabilities, ensure self-determination and rights and, with partnerships in the community, enhances their opportunities to live healthy, safe and valued lives.

Our Vision is to provide programs and services to individuals with developmental disabilities and related disorders including autism to live and work in the community and exercise their rights, choice and freedom and to live independent of institutional life through integrated efforts of change agents who are passionate about changing lives of people with disabilities throughout the world.

MANDATORY

HOUSE COORDINATOR MEETING

Thursday, 5/4/2023 | 12:30pm @6600 Amberton

Everyone is REQUIRED to come and be on TIME!

EMPLOYEE OF THE MONTH

Mojisola Oqunji has been named employee of the month for her outstanding work ethic and dedication to her job. Mojisola's commitment to excellence and her willingness to go above and beyond the call of duty is truly impressive, and she is a shining example for all of us to follow. As we congratulate Mojisola on this well-deserved honor, we are inspired by her example and motivated by her dedication to making a difference in the lives of others.



Kehinde Shitta-Bey is an invaluable member of the Children's Program. Not only does she fulfill her responsibilities with accuracy and diligence, but she always is willing to help out in any way necessary. Kehinde truly cares about her work and the children she helps care for. She ensures they attend their medical appointments, documenting all necessary information accurately, and helps them get ready for school or appointments, ensuring they present themselves well.



Temple Ogbogu has been recognized as the employee of the month for her outstanding contributions to the individuals under her care. This recognition did not come as a surprise to those who have had the pleasure of working with Temple. Her dedication, hard work, and attention to detail have earned her the admiration and respect of her colleagues. Temple has consistently demonstrated the qualities that make



her a valuable asset to the team, and her commitment to excellence has not gone unnoticed.



Requirements:

- High School Diploma ° Valid Maryland Driving License
- Must have at least 12 months experience of
- working with medically fragile children
- Ability to lift 60+ pounds, CMT
- Sensory input techniques and operation of adaptive equipment and attentive to the child's needs

For more information contact Ms. Dana Dimas **Director of Programs** Center for Social Change Inc. 6600 Amberton Dr, Elkridge, MD 21075 Ph: 410 579 6789 Ext: 225

PERSONAL SUPPORT STAFF REQUIRED Center for Social Change and the family of a child is looking for a highly-skilled, motivated, and compassionate staff to work with a 14-year-old child who has multiple disabilities.

MAY IS MENTAL HEALTH AWARENESS MONTH

Mental Health Awareness Month brings attention to the widespread issue of mental illness that affects millions of people across America.

Mental illness is a term used to describe mental health conditions that impact mood, thinking, and behavior. These disorders may interfere with a person's ability to relate to others and function on a daily basis.

Common mental illnesses include:

- Mood disorders (depression, bipolar disorder, etc.)
- Psychotic disorders (schizophrenia, schizoaffective disorder, etc.)
- Anxiety disorders (generalized anxiety disorder, post-traumatic stress disorder, phobias, etc.).

Anxiety disorders are the most common form of mental illness affecting an estimated 48 million people in the U.S per year (19.1%), followed by mood disorders (9.7%).

Symptoms vary depending on the type of mental illness one is struggling with. However, some common symptoms associated with many types of mental illness include:

- Insomnia
- Agitation
- Loss of appetite

• etc

- Social withdrawal
- Emotional numbness
 Self-harm
- Inability to concentrate
- Excessive fear and worry
 Self-harm

Nearly 50% of people suffering from mental illnesses do not seek treatment. In fact, on average, it takes 11 years for someone to seek help after first experiencing symptoms of a mental disorder.

When individuals recognize their symptoms and seek help early, they are more likely to:

- Recover completely
- Experience fewer complications
- And live longer.

In fact, early treatment can often prevent tragic results such as alcohol abuse and suicide.

- Mental Health Foundation -

CSC VIRTUAL ZOOM CLASSES

How to connect

- Open the Zoom App on your device.
- Join a meeting using one of these methods: Click Join a Meeting Enter the meeting ID number and your display name.
- Select if you would like to connect audio and or video and click Join.

Thank you CSC Workers for all of your hard work and support during this difficult time. Thank you for being courageous superheroes on the front lines.

All Staff members must wear masks or cloth face coverings in work place, retail spaces and on public transportation.





Oluwayemisi
Odeyemi
Bamidele Falusi
Olawumi Olafare
Seun Ogunwale
Yannick Bumahbuh
Kenneth Egabou
Adeniyi Ademuyiwa
Jacynth Morgan
Michael Doghor
Agbabi
Olatunde Amao
Chukwudi
Onyekwere
Shamira Aiken

Taylor Booker
Godfrey
Mojisola Ogunji
Sara Wako
Uwaka Kalu
Monica Iheasi
Jamiu Sadique
Khadijat Jaiyeola
Olabisi Kusimo
Tanwi Roger
Oluwatoyin
Obasanmi
Opeyemi Adeoye
Feyisayo Durodola



Abimbola Idowu Anthony Olemgbe Angela Ozoagu Kiera Blackwell Anthony Aburumaku Stephen McCray Sr Oluyomi Bello Latifat Oyetoro Olawumi Akinleye Lydiah Barare

Ngozi Oluwole Taylor Booker- Godfrey Willitia Godfrey Michael Moses Ademola Babalola Osita Onyekwere Ugo Kalu Funmilayo Longe Oluwatosin Oni



What would you like to know more about CSC? Send information to

Dana Dimas

Director of Programs T: 410-579-6789*225

E: dana@centerforsocialchange.org