

Center for Social Change We Change Lives!

AUGUST 2022



Our Mission is to provide services of the highest quality for people with cognitive and developmental disabilities and related disorders including autism that optimize each individual's independence and capabilities, ensure self-determination and rights and, with partnerships in the community, enhances their opportunities to live healthy, safe and valued lives.

Our Vision is to provide programs and services to individuals with developmental disabilities and related disorders including autism to live and work in the community and exercise their rights, choice and freedom and to live independent of institutional life through integrated efforts of change agents who are passionate about changing lives of people with disabilities throughout the world.

MANDATORY HOUSE COORDINATOR MEETING

Thursday, Aug 11, 2022 12:30pm @Amberton Thursday, Aug 25, 2022 12:30pm @Amberton

EMPLOYEE OF THE MONTH

Khadijah Akinyemi has been a phenomenal employee always ready to take on extra shifts. For the past 2 years Khadijah has covered 2 shifts promptly. While also diligently addressing the needs of all 3 ladies she cares for. All her colleagues only have positive things to say about Khadijah.



Terence Ndikum serves an individual on a one to one basis and does a great job in redirecting and assisting as the need arises. Terence enjoys taking the individual under his care on community walks and ensuring daily activities and goals are met.

Solomon Mago is a dedicated staff that makes sure the individuals in his care have a meaningful day. Solomon is a reliable staff that goes beyond his duties and never calls out of his shift. We appreciate you Solomon!





Please be on time



Requirements:

- * High School Diploma * Valid Maryland Driving License
- ° Must have at least 12 months experience of
- working with medically fragile children
- Ability to lift 60+ pounds, CMT
- Sensory input techniques and operation of adaptive equipment and attentive to the child's needs

For more information contact **Ms. Dana Dimas** Director of Programs **Center for Social Change Inc.** 6600 Amberton Dr, Elkridge, MD 21075 **Ph: 410 579 6789 Ext: 225**

PERSONAL SUPPORT STAFF REQUIRED Center for Social Change and the family of a child is looking for a highly-skilled, motivated, and compassionate staff to work with a 14-year-old child who has multiple disabilities.

Training required: All DDA mandated training, including CPR, First Aid, and Mandt. Share your input on the Employee Connections. Send information to Ms. Dana Dimas via Phone: 410 579 6789 * 809 or Email: dana@centerforsocialchange.org

CENTER FOR SOCIAL CHANGE

BUILDING BETTER MENTAL HEALTH



Understanding good mental health

IMPORTANCE OF

Your mental health influences how you think, feel, and behave in daily life. It also affects your ability to cope with stress, overcome challenges, build relationships, and recover from life's setbacks and hardships. Strong mental health isn't just the absence of mental health problems. Being mentally or emotionally healthy is much more than being free of depression, anxiety, or other psychological issues. Rather than the absence of mental illness, mental health refers to the presence of positive characteristics.

People who are mentally healthy have:

- A sense of contentment.
- A zest for living and the ability to laugh and have fun.
- The ability to deal with stress and
- bounce back from adversity.A sense of meaning and purpose, in
- both their activities and their relationships.
- The flexibility to learn new skills and adapt to change.
- A balance between work and play, rest and activity, etc.
- The ability to build and maintain
- fulfilling relationships.
- Self-confidence and high self-esteem.

CSC VIRTUAL ZOOM CLASSES

How to connect

- Open the Zoom App on your device.
 Join a meeting using one of these methods:
- Click Join a Meeting Enter the meeting ID
- number and your display name.
- Select if you would like to connect audio and or video and click Join.

Thank you CSC Workers for all of your hard work and support during this difficult time. Thank you for being courageous superheroes on the front lines.

All Staff members must wear masks or cloth face coverings in work place, retail spaces and on public transportation.



Wanda Brown Ismail Gbadebo Funmilayo Alabi Oluwafunke Adeyeye Akinwunmi Are **Racheal Ismail** Adaeze Uzoukwu Odette Ekokobe Chi Mojisola Afolabi Olasunkanmi Adelanke **Ragi Puthur** Stephen McCray Sr Nkiruka Nibo Silifat Anifowoshe

Lydiah Barare Charles Tangwan Olayode Olayede-Asanike Olatunji Mobolaji Funmilayo Akanji Eric Nzurumike Miracle Okpiaru Glory Uguru Anthony Ekundayo Mary Oluwatayo Korpo Zaza Oluwakemi Oyeyemi Tolulope Adebayo Ganiyat Olatunji

ANNIVERSARY

Verdardine Allen Seun Ogunwale Dauda Orunsolu Bimbo Akinyede Destiny Gingles Jesenta Ngwa Oluwakemi Adelanwa Funmi Adams Brittany Wooding Ciera Wilson Modupeola Adeniyi Michael Doghor-Agbabi Olatunde Amao Prudencia Fieze Onyitari Nabena Donna Bowles Saubana Okewoye Mayowa Adesina Olanrewaju Kuyoro Nidacarole Dzedzou Dominique Chappell Abdulwahhab Idris Elsie Iloabachie Olawunmi Ojo Oluwakemi Oyeyemi Ganiyat Olatunji Agnes Kuteyi



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What would you like to know more about CSC? Send information to **Dana Dimas** Director of Programs T: 410-579-6789*225

E: dana@centerforsocialchange.org

CSC Strategic Plan 2022-2027 has been approved by The Office of Board . It is accessible on the CSC website under ABOUT—Annual Plans & Reports section .

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