



CSC MONTHLY MAGAZINE
EMPLOYEE CONNECTION

Happy
MEMORIAL
Day



Our Mission is to provide services of the highest quality for people with cognitive and developmental disabilities and related disorders including autism that optimize each individual's independence and capabilities, ensure self-determination and rights and, with partnerships in the community, enhances their opportunities to live healthy, safe and valued lives.

Our Vision is to provide programs and services to individuals with developmental disabilities and related disorders including autism to live and work in the community and exercise their rights, choice and freedom and to live independent of institutional life through integrated efforts of change agents who are passionate about changing lives of people with disabilities throughout the world.

MANDATORY
HOUSE COORDINATOR MEETING

1. Thursday, 5/12/22 at 12:30pm @ Amberton

Please be on time

EMPLOYEE OF THE MONTH

Falilatu Lawal has been nominated for the Employee of the Month because she is very proactive, punctual and hard working. She has been with CSC for over two years and has developed quite a rapport with the individuals. She is ready, willing and able to help whenever needed.



Donna Bowles is a dedicated seasoned staff that goes beyond her duties to assist at the day program. Anything that is asked of her, she is willing and able to do. We appreciate her hard work and effort. She gives the individuals in her care a meaningful day.



Jeremiah Bello always goes above and beyond with the individuals in the Children's Program. He is always willing to run appointments, ensures the children have amazing adventures in the community, advocates for them at medical appointments, and truly cares deeply for the children. Jeremiah communicates well with his House Manager and his Program Manager.



WE'RE HIRING!
JOIN OUR TEAM
SEND US YOUR CV

Requirements:

- High School Diploma * Valid Maryland Driving License
- Must have at least 12 months experience of working with medically fragile children
- Ability to lift 60+ pounds, CMT
- Sensory input techniques and operation of adaptive equipment and attentive to the child's needs

For more information contact

Ms. Dana Dimas
Director of Programs
Center for Social Change Inc.
8600 Amberton Dr, Elkridge, MD 21075
Ph: 410 579 6789 Ext: 225

PERSONAL SUPPORT STAFF REQUIRED Center for Social Change and the family of a child is looking for a highly-skilled, motivated, and compassionate staff to work with a 14-year-old child who has multiple disabilities.

Training required: All DDA mandated training, including CPR, First Aid, and Mandt.
Share your input on the Employee Connections. Send information to
Ms. Dana Dimas via Phone: 410 579 6789 * 809 or Email: dana@centerforsocialchange.org

KEEP YOUR COOL IN HOT WEATHER!

High temperatures kill hundreds of people every year, deaths and illness are preventable, yet more than 700 from extreme heat every year in the United States. measures to stay cool, remain hydrated, and keep informed. Getting too hot can make you sick. You can become ill from the heat if your body can't compensate for it and properly cool you off. The main things affecting your body's ability to cool itself during extremely hot weather are:



- **High humidity.** When the humidity is high, sweat won't evaporate as quickly. This keeps your body from releasing heat as fast as it may need to.
- **Personal factors.** Age, obesity, fever, heart disease, mental illness, poor circulation, sunburn, and prescription drug and alcohol use all can play a role in whether a person can cool off enough in very hot weather.

Those who are at highest risk include people 65 and older, children younger than two, and people with chronic diseases or mental illness. Closely monitor people who depend on you for their care and ask these questions:

- Are they drinking enough water?
- Do they have access to air conditioning?
- Do they need help keeping cool?

People at greatest risk for heat-related illness can take the following protective actions to prevent illness or death:

- Stay in air-conditioned buildings as much as you can. Air-conditioning is the number one way to protect yourself against heat-related illness and death. If your home is not air-conditioned, reduce your risk for heat-related illness by spending time in public facilities that are air-conditioned and using air conditioning in vehicles. Contact your local health department or locate an air-conditioned shelter in your area.
- Do not rely on a fan as your main cooling device during an extreme heat event.
- Drink more water than usual and don't wait until you're thirsty to drink.
- Check on a friend or neighbor and have someone do the same for you.
- Don't use the stove or oven to cook—it will make you and your house hotter.

Even young and healthy people can get sick from the heat if they participate in strenuous physical activities during hot weather:

- Limit your outdoor activity, especially midday when the sun is hottest.
- Wear and reapply sunscreen as indicated on the package.
- Pace your activity. Start activities slow and pick up the pace gradually.
- Drink more water than usual and don't wait until you're thirsty to drink more. Muscle cramping may be an early sign of heat-related illness.
- Wear loose, lightweight, light-colored clothing.

Centers for Disease Control and Prevention, CDC

CSC VIRTUAL ZOOM CLASSES

How to connect:

- Open the Zoom App on your device.
- Join a meeting using one of these methods:
Click Join a Meeting Enter the meeting ID number and your display name.
- Select if you would like to connect audio and or video and click Join.



Thank you CSC Workers for all of your hard work and support during this difficult time. Thank you for being courageous superheroes on the front lines.

All Staff members must wear masks or cloth face coverings in work place, retail spaces and on public transportation.

Happy
BIRTHDAY
To you!

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|-------------------|-------------------|
| Bamidele Falusi | Paul Osazuwa |
| Verdardine Allen | Shamira Aiken |
| Olawumi Olafare | Taylor Booker |
| Seun Ogunwale | Godfrey |
| Opheyemi Adeoye | Champanye Johnson |
| Adeniyi Ademuyiwa | Sara Wako |
| Kenneth Egabou | Uwaka Kalu |
| Jacynth Morgan | Celina Eidaghese |
| Ifesanmi Oyewole | Tanwi Roger |
| Michael Doghor | Blessing Lewis |
| Olatunde Amao | Oluwatoyin |
| Chukwudi | Obasanmi |
| Onyekwere | Sakirat Akanji |
| Jamiu Sadique | Samson Olanrewaju |

HAPPY ANNIVERSARY

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|---------------------|------------------|
| Latifat Oyetoro | Lydia Barare |
| Anthony Olemgbe | Taylor Booker |
| Kiera Blackwell | Godfrey |
| Anthony Aburumaku | Osita Onyekwere |
| Rochelle Butler | Oluwatosin Oni |
| Ngozi Oluwole | Gbenga Ajiboye |
| Ugo Kalu | Funmilayo Longe |
| Marylee Hildebrandt | Tolulope Adebayo |
| Margaret Britton | Oluoyomi Bello |
| Stephen McCray Sr | Judith Oyedele |
| Olawumi Akinleye | |



Center for Social Change
We Change Lives!

What would you like to know more about CSC? Send information to

Dana Dimas

Director of Programs

T: 410-579-6789*225

E: dana@centerforsocialchange.org