



CSC MONTHLY MAGAZINE  
**EMPLOYEE CONNECTION**



**Our Mission** is to provide services of the highest quality for people with cognitive and developmental disabilities and related disorders including autism that optimize each individual's independence and capabilities, ensure self-determination and rights and, with partnerships in the community, enhances their opportunities to live healthy, safe and valued lives.

**Our Vision** is to provide programs and services to individuals with developmental disabilities and related disorders including autism to live and work in the community and exercise their rights, choice and freedom and to live independent of institutional life through integrated efforts of change agents who are passionate about changing lives of people with disabilities throughout the world.

**CSC VIRTUAL ZOOM CLASSES**



How to connect

- Open the Zoom App on your device.
- Join a meeting using one of these methods: Click Join a Meeting Enter the meeting ID number and your display name.
- Select if you would like to connect audio and/or video and click Join.

**EMPLOYEE OF THE MONTH**



Ragi Puthur has been highly recommended for the employee of the month. He is always going above and beyond for the individuals in the home. He is giving special care and committed to support individuals and also extended his support to maintain the entire unit neat and clean.



Ogechi Anyiam has been highly recommended for employee of the month. She is an excellent direct care staff with the children. She is Very caring and compassionate and always willing to help them with school, ADL's, meals, and play time. Her dedication is imperative for CSC. Thank you for your efforts.



Congratulations Gifty Vittor to our employee of the month. Gifty is a great caregiver who is always willing to go above and beyond and is loved and adored by her clients. She always displays TEAMWORK by helping out and responding to all the individuals. Thank you Gifty for your dedication and commitment.

**WE'RE HIRING!**  
JOIN OUR TEAM  
SEND US YOUR CV

**Requirements:**

- High School Diploma
- Valid Maryland Driving License
- Must have at least 12 months experience of working with medically fragile children
- Ability to lift 60+ pounds, CMT
- Sensory input techniques and operation of adaptive equipment and attentive to the child's needs

For more information contact

**Ms. Dana Dimas**  
Director of Programs  
**Center for Social Change Inc.**  
6600 Amberton Dr, Elkridge, MD 21075  
Ph: 410 579 6789 Ext: 225

**PERSONAL SUPPORT STAFF REQUIRED** Center for Social Change and the family of a child is looking for a highly-skilled, motivated, and compassionate staff to work with an 11 year old child who has multiple disabilities.

Training required: All DDA mandated training, including CPR, First Aid, and Mandt.

Share your input on the Employee Connections. Send information to Fahad Arshad (Asst. System Analyst) via Phone: 410 579 6789 \* 809 or Email: fahad@centerforsocialchange.org

**TIPS FOR PREVENTING  
HEAT-RELATED ILLNESSES**

**WARNING SIGNS AND SYMPTOMS  
OF HEAT-RELATED ILLNESS**

WHAT TO LOOK FOR

WHAT TO DO

**HEAT STROKE**

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| <ul style="list-style-type: none"> <li>• High body temperature (103°F or higher)</li> <li>• Hot, red, dry, or damp skin</li> <li>• Fast, strong pulse</li> <li>• Headache</li> <li>• Dizziness</li> <li>• Nausea</li> <li>• Confusion</li> <li>• Losing consciousness (passing out)</li> </ul> | <ul style="list-style-type: none"> <li>• Call 911 right away-heat stroke is a medical emergency</li> <li>• Move the person to a cooler place</li> <li>• Help lower the person's temperature with cool cloths or a cool bath</li> <li>• Do not give the person anything to drink</li> </ul> |
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**HEAT EXHAUSTION**

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| <ul style="list-style-type: none"> <li>• Heavy sweating</li> <li>• Cold, pale, and clammy skin</li> <li>• Fast, weak pulse</li> <li>• Nausea or vomiting</li> <li>• Muscle cramps</li> <li>• Tiredness or weakness</li> <li>• Dizziness</li> <li>• Headache</li> <li>• Fainting (passing out)</li> </ul> | <ul style="list-style-type: none"> <li>• Move to a cool place</li> <li>• Loosen your clothes</li> <li>• Put cool, wet cloths on your body or take a cool bath</li> <li>• Sip water</li> </ul> <p><b>Get medical help right away if:</b></p> <ul style="list-style-type: none"> <li>• You are throwing up</li> <li>• Your symptoms get worse</li> <li>• Your symptoms last longer than 1 hour</li> </ul> |
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**HEAT CRAMPS**

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| <ul style="list-style-type: none"> <li>• Heavy sweating during intense exercise</li> <li>• Muscle pain or spasms</li> </ul> | <ul style="list-style-type: none"> <li>• Stop physical activity and move to a cool place</li> <li>• Drink water or a sports drink</li> <li>• Wait for cramps to go away before you do any more physical activity</li> </ul> <p><b>Get medical help right away if:</b></p> <ul style="list-style-type: none"> <li>• Cramps last longer than 1 hour</li> <li>• You're on a low-sodium diet</li> <li>• You have heart problems</li> </ul> |
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**SUNBURN**

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| <ul style="list-style-type: none"> <li>• Painful, red, and warm skin</li> <li>• Blisters on the skin</li> </ul> | <ul style="list-style-type: none"> <li>• Stay out of the sun until your sunburn heals</li> <li>• Put cool cloths on sunburned areas or take a cool bath</li> <li>• Put moisturizing lotion on sunburned areas</li> <li>• Do not break blisters</li> </ul> |
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**HEAT RASH**

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| <ul style="list-style-type: none"> <li>• Red clusters of small blisters that look like pimples on the skin (usually on the neck, chest, groin, or in elbow creases)</li> </ul> | <ul style="list-style-type: none"> <li>• Stay in a cool, dry place</li> <li>• Keep the rash dry</li> <li>• Use powder (like baby powder) to soothe the rash</li> </ul> |
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Thank you **CSC Workers** for all of your hard work and support during this difficult time. Thank you for being courageous superheroes on the front lines.

All Staff members must wear masks or cloth face coverings in work place, retail spaces and on public transportation.



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| Fatimoh Olasehinde<br>Julie Novinskie<br>Semiu Muritala<br>Ganiat Balogun<br>Ethelbert Akagha<br>Lynda Ajayi<br>Tinuke Adeusi<br>Oluwakemi Oduwole<br>Stanley Ononye<br>Gertrude Eromosele<br>Delisha Crawl<br>Natina Newsome<br>Denise Allen | Sheka Kamara<br>Yetunde Abdul<br>Cheryl Anyaorie<br>Oluwafemi Adewumi<br>Shakirat Sule<br>Jeremiah Bello<br>Johnson Adesanya<br>Michael Njoku<br>Temple Ogbogu<br>Wanda Holmes<br>Olubunmi Awoleye<br>Kehinde Lawal<br>Cynetrice Smith |
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| Olayode<br>Olayede-Asanike<br>Gurdeep Uppal<br>Akuelia McDaniels<br>Viana Mbah<br>Adedokun Adelekun<br>Oluwafunke Adeyeye<br>Paul Osazuwa<br>Owoyemi Adams<br>Ahmodu Adaraloye<br>Emmanuel Ajigbotol.<br>Gideon Olayiwola<br>Margaret Akenzua<br>Temple Wole-Oke | Tewelde Bahta<br>Nasiru Bundu<br>Morufu Fagbenro<br>Eze Inyama<br>Norman Cofield<br>Karen Moore<br>Oyindamola Sotubo<br>Adekitan Oyefeso<br>Folake Olajide-Adams<br>Christiana Oludoja<br>Josiah Blood-Dzraku<br>Fatimat Ogunsanmi<br>Christopher Carpentre |
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**Center for Social Change**  
We Change Lives!

What would you like to know more about CSC? Send information to

**Dana Dimas**

Director of Programs

T: 410-579-6789\*225

E: [dana@centerforsocialchange.org](mailto:dana@centerforsocialchange.org)