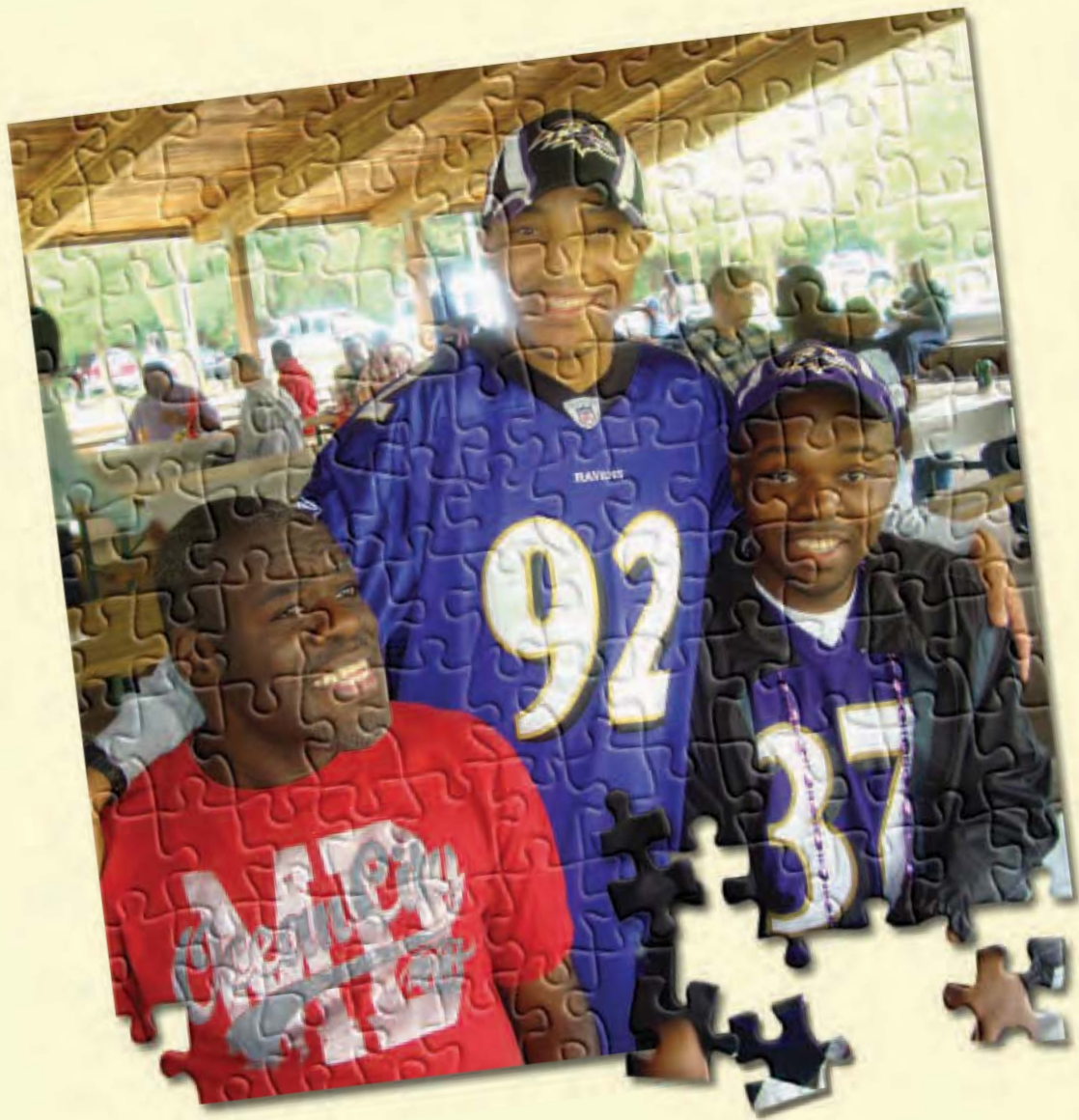


BRINGING THE PIECES **TOGETHER**



2011 ANNUAL REPORT



COMMUNITY

INDEPENDENCE

HAPPINESS

PRIDE

CHOICE

## MESSAGE FROM THE PRESIDENT

**BUILDING A LIFE IS LIKE COMPLETING A JIG-SAW PUZZLE . . . THE PICTURE BECOMES MORE CLEAR WITH EACH PIECE THAT IS ADDED**

**COMMUNITY, CHOICE, INDEPENDENCE, PRIDE, HAPPINESS...** these are but a few of the many pieces that go into completing the puzzle of a life fully lived. At Center for Social Change, we pride ourselves on our commitment to providing each of these important pieces, and others, to the individuals who we support.

Successful participation in the community in which one lives is, perhaps, the most visible sign of a life fully lived. Shopping at our local grocery, dining at our favorite restaurant, volunteering at our place of worship, attending a Monster-Truck show, or seeing a movie at our neighborhood theater – each connects us with others who are likewise sharing in the life of their community. These community-based activities, and others, are enjoyed by the individuals we support, and throughout the past year CSC staff members have been fully committed to assisting them in doing so.

Having opportunities to make choices leads towards increased independence. For some of the individuals we support, making choices such as what to wear on a given day, or what to eat for lunch might represent a significant milestone. For others, choosing how to practice their faith, how to spend money earned, who to vote for in a national election, or even whether to become engaged to marry represent their taking control of their lives. At CSC, 2011 was a year during which we continued to play a significant role in assisting those we support as they made these important life choices.

At CSC, it is our vision that each of the individuals we support achieves the highest level of independence possible. Throughout the past year, staff at CSC have remained committed to assisting those we support in increasing their free time in the community, utilizing public transportation on their own, auditioning for a part in the church play, or making a special out-of-town trip to visit loved ones.

Happiness and pride – two outcomes of achieving a life fully lived. Perhaps difficult to quantify, these more intangible pieces of the puzzle are expressed by those who can't wait to show off their paycheck, who begin planning in January for the August Ocean City trip, who eagerly await family coming to see their newly decorated bedroom, or who dress in their best suit to attend the annual Holiday Celebration.

Throughout the year just completed, each of us at CSC is proud to have assisted the individuals we support as they filled in additional pieces of their unique life puzzles. This task of love is what drives us.

I would like to thank you for your continued support of Center for Social Change.

Sincerely,  
Dr. Joseph Mathew  
President  
Center for Social Change





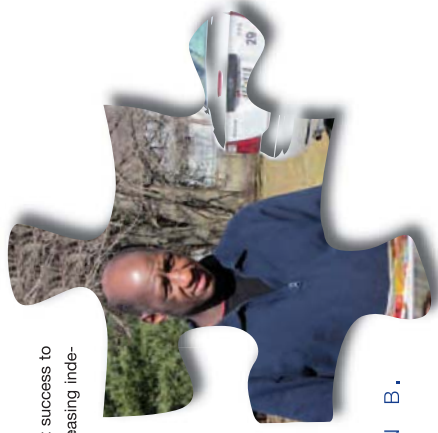
# PRIDE

**B**

**BEFORE TAKING UP RESIDENCE WITH CENTER FOR SOCIAL CHANGE NEARLY 18** years ago, Edwin B. had lived with both of his sisters. But, Edwin's behaviors, which led to frequent hospitalizations, had made this difficult for all involved. After one hospitalization, staff at the hospital recommended Center for Social Change as a place that might be able to provide the stability and security under which Edwin could thrive. Upon that recommendation, his family visited CSC on several occasions, met with CSC staff a number of times, and ultimately decided that what CSC was offering did, indeed, make it sound as if CSC would be the best place for Edwin to live.

Now, these many years later, Edwin's sister notes that Edwin is "doing much better; he goes out to work, and seems okay with where he is living". She appreciates how much more Edwin will talk on the phone with her, and other family members, and how Edwin always asks about his nephew and other family members. She believes that Edwin enjoys receiving these calls, especially when she calls to wish him a happy birthday. During her last birthday call, Edwin commented on how old he was growing, and enjoyed being reminded that it was his birthday. Edwin's sister notes that he is less likely to be going "back and forth" in his behavior now; he might still have some episodes that could lead to hospital visits, but he sticks to a regimen that allows him to be more healthy and stable.

If one were to ask Edwin what he believes his greatest success to be, his sister believes that he would describe his increasing independence and living on his own, not under the care of his family. He appreciates that he is doing well, and that he gets to choose what he wants to do, and how he wants to do it.



EDWIN B.



# CHOICE

**W**HEN BRIAN LEFT ROSEWOOD CENTER IN BALTIMORE ABOUT 18 YEARS AGO, his parents knew little about the options that were available to them. But, when they met with CSC's Dr. Matthew, and observed his kindness and sensitivity, they felt that this was the right choice for Brian. They were also very pleased to learn that Brian could live in a home with only two to three housemates.

When Brian first left Rosewood, he had a difficult history of behaviors that were harmful to himself. This was certainly difficult for Brian, and for his parents. But, after really a very short time, they noticed that these behaviors began to change, and that Brian was becoming much more calm; in fact, it was almost as if Brian was becoming a completely different person. And they were most pleased that CSC accomplished this by care and sensitivity of staff, and without the use of a heavy regimen of medication. Overall, after a relatively short time, Brian simply seemed happier than he ever had before.

These changes have greatly improved the types of interactions that Brian and his family can have together. When Brian goes home for a visit, they can all enjoy trips out shopping, for a ride in the car, or even to go out for a meal at a local restaurant. In years past, his parents could never have really done this without concerns that Brian might exhibit behaviors that would make such visits impossible. In the past, such concerns were a constant worry; now, those worries simply don't exist, and things are just so much better.

It is Brian's ability to participate with his family in such community activities that his parents are most proud of. And, his no longer demonstrating behaviors that are harmful to himself is what they find the most amazing. His parents believe that Brian also recognizes the success he has had in managing those behaviors that were harmful to himself. They are confident that Brian really does appreciate living in a home of his own and being a part of his community; although he can't verbalize this himself, his parents are sure that his calmness and the fact that he just seems so satisfied tells them all that they need to know.

Long ago, Brian's parents never thought that he would have achieved so much. Brian has come very far, and this serves to improve both their lives and Brian's.



BRIAN S.



# HAPPINESS

**JANET'S MOTHER REMEMBERS THE CHANGES THAT TOOK PLACE IN THEIR LIVES** after Janet became sick. When it was clear to her mom that she wouldn't be able to handle caring for Janet at home after one of Janet's hospitalizations, the hospital staff who assisted her suggested that she contact Center for Social Change. This turned out to be a very significant recommendation, as Janet's mom discovered when she went to meet with the agency. She remembers the kind and supportive manner in which staff at the agency interacted with her, answering her questions, and putting her at ease. She visited some of the homes, and noted the kindness and sensitivity of staff in their support of the individuals in those homes. Everything, and everyone, seemed very nice, so Janet's mom made the decision, more than 10 years ago, that this was where she wished for Janet to live.

Over time, her mom has seen Janet achieve increased independence in ways that she had not been sure would be achieved. Janet dresses herself, expresses her desires, takes her own showers, and loves to go grocery shopping with her mom. It gives Janet's mom great joy to see how Janet and her housemates, "the girls", interact so well with one another. Each of these small achievements contributes to Janet's building an independent and satisfied life.

It is not hard for a parent to identify the most significant characteristics of their children, and this is also true for Janet's mom. When asked, Janet's mom states, without hesitation, that it is Janet's obvious happiness about which she is most proud. Janet expresses her happiness in many ways- in her happiness to see her mom, or to visit with her family on the holidays; in her clear enjoyment visiting those friends of her family who have known her and watched her progress over many years; in her simply sitting with mom at the kitchen table and talking, mother to daughter. And mom is certain that Janet loves living where she does- after each visit to mom's home, Janet is always excited about going back to her CSC home.

It is a natural law, however, that a mother's concerns for her daughter can never be completely alleviated. Despite mom's clear satisfaction in Janet's happiness and success, she ended our conversation by saying "make sure you take good care of my daughter". And, that is exactly what Center for Social Change plans to do.



JANET N.



# I N D E P E N D E N C E

**JANINE R'S PARENTS KNEW THEY NEEDED HELP BY THE TIME THEY MET WITH** Center for Social Change nearly 13 years ago. They had already arranged privately for someone to care for Janine but, in light of some health issues they were experiencing, they were relieved when State funding became available to help support Janine. They recall that the administrator they met at Center for Social Change took the time to answer their questions, showed them around the homes that Janine might be able to move into, and allowed them to meet the direct support staff and individuals in those homes. When they saw how well the staff cared for the individuals in the homes, they were confident that Janine would be well supported at CSC.

Over the years, her parents report, Janine has achieved significant successes. They derive great satisfaction in their observations that Janine no longer expresses a need to run away as she had in the past, or threatens to hurt herself or others. They see their daughter as having developed some order in her life with the help of the staff at CSC, something that gives them deep feelings of relief. They note with satisfaction that Janine likes almost everyone at CSC—the staff that support her, the individuals, and the drivers who transport her. And they easily notice that Janine is much less likely to argue about things as she had in the past.

They are also pleased that skills that Janine had once had, but that she had apparently lost, have been re-gained during the time she has been at CSC. They note that she is knitting again, and working with her hands in ways that she had when she was younger, but had stopped. And, they report being particularly pleased by Janine's once again demonstrating the good manners that they had instilled her, but which she had, for some long period of time, seemed to have abandoned.

What makes them most proud, however, is that during their typically once a month visits, Janine is seldom not happy.

When Janine was younger, her parents were not certain about the level of independence she would achieve. However, they are greatly comforted by the degree of independence that their daughter is able to demonstrate. There was a time in the past that she really could not function independently, but Janine has made great strides since those days.

Her parents believe that, if asked, Janine would say that what gives her the most satisfaction is her enjoyment in being with others, of developing social relations with those around her, and of being a help-mate to those who need help. Janine's parents are very proud of how Janine often becomes a "second pair of hands" in assistance to staff in her home. In short, Janine's future continues to look bright.



JANINE R.



# R COMMUNITY

**RICK Z. CAME TO CENTER FOR SOCIAL CHANGE NEARLY 12 YEARS AGO IN A WAY** that is not so typical. Rick had been receiving supports for another provider agency in Carroll County, but he had decided that things weren't going so well, and that he wanted to move. While individuals and their families typically meet with providers and determine which program might be the best, Rick was simply directed to Center for Social Change as the provider of choice. Fortunately, that move has worked out well for all, and both Rick, his family, and those of us at CSC are equally happy with the outcome.

Clearly, at least to Rick's parents, Rick's enthusiasm about working in CSC's fully equipped greenhouse is what gives them the most happiness. Prior to Rick's coming to CSC, mom reports, Rick wasn't exactly the most dedicated worker. In fact, she recalls that when she would ask Rick to assist with raking the lawn of the family home, the rake would "somehow end up broken, unable to be used". But his attitude about work has changed dramatically, apparently due to his opportunity to work in the greenhouse doing something that he loves. Rick loves this work, and he can't talk about his experiences enough with his parents. During the planting seasons, Rick will call his parents' home almost nightly to give them updates on the begonias, watermelons, or other plants that he is caring for. Perhaps Rick's love of greenhouse work is really "in his genes", as his grandfather once owned and operated a greenhouse when he was a younger man.

Rick also has a tender spot for his goldfish, which he raises in an aquarium at home. He uses some of his earnings at the greenhouse to make purchases of the newest and most unique fish for his collection. He has even raised fish in the small pond in the miniature golf course that is part of CSC's grounds.

Rick's parents did not always think that Rick would achieve such goals. When they had been told that he would likely develop only to the level of a seven year old, they had little reason to doubt the "experts". But, today, they note, with pride, that those meeting Rick for the first time probably wouldn't even realize that he had any disability at all. Perhaps it is Rick's winning smile and his striving for personal success that allows others to see the best of Rick.



RICK Z.

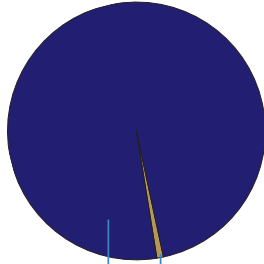


## 2011 CONTRIBUTORS

- William and Margaret Ankrum
- Brooks Benefit Services, LLC
- Combined Charity Campaign
- Skaria C. Ellimootil and Annamma S. Ellimootil
- Frankford Exterminating Co.
- Arthur and Margaret Gold
- Romana Gopalan, MD
- Justgive
- Maryland Charity Campaign
- James Meshaw
- Annamma K Philip and Justin Philip
- John and Elizabeth Poulouse
- Col. And Mrs. Donald Retziaff
- Hilda Sober
- Dr. Ibrahim Turek
- United Way of Central Maryland

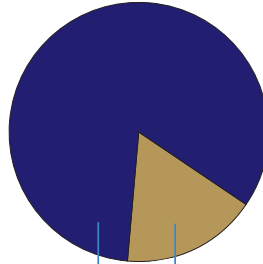
## FINANCIALS

### INCOME FOR FISCAL YEAR 2011

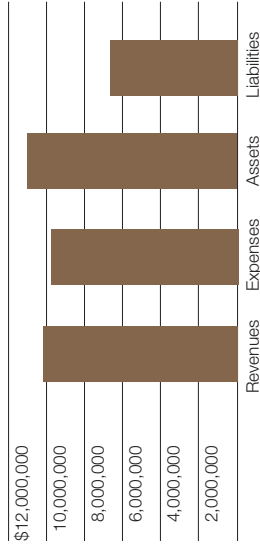


Program Income: \$9,972,868  
Other Income: \$75,440

### EXPENSES FOR FISCAL YEAR 2011



Program Services Expenses: \$8,183,969  
Supporting Services: \$1,653,678



Revenues.....\$10,048,308  
Expenses.....\$9,837,647  
Assets.....\$11,201,558  
Liabilities.....\$6,716,802



## ABOUT CENTER FOR SOCIAL CHANGE

Since 1993, Center for Social Change has been providing support services to people with intellectual disabilities. We invite you to be a partner with our mission and vision to serve millions of children and adults with a wide range of disabilities around the world.

## MISSION

Our Mission is to provide services of the highest quality for people with intellectual disabilities and related disorders including autism that optimize each individual's independence and capabilities, ensure self-determination and rights and, with partnerships in the community, enhances their opportunities to live healthy, safe and valued lives.

## VISION

Our Vision is to provide programs and services to individuals with intellectual disabilities and related disorders including autism to live and work in the community and exercise their rights, choice and freedom and to live independent of institutional life through integrated efforts of change agents who are passionate about changing lives of people with disabilities throughout the world.

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