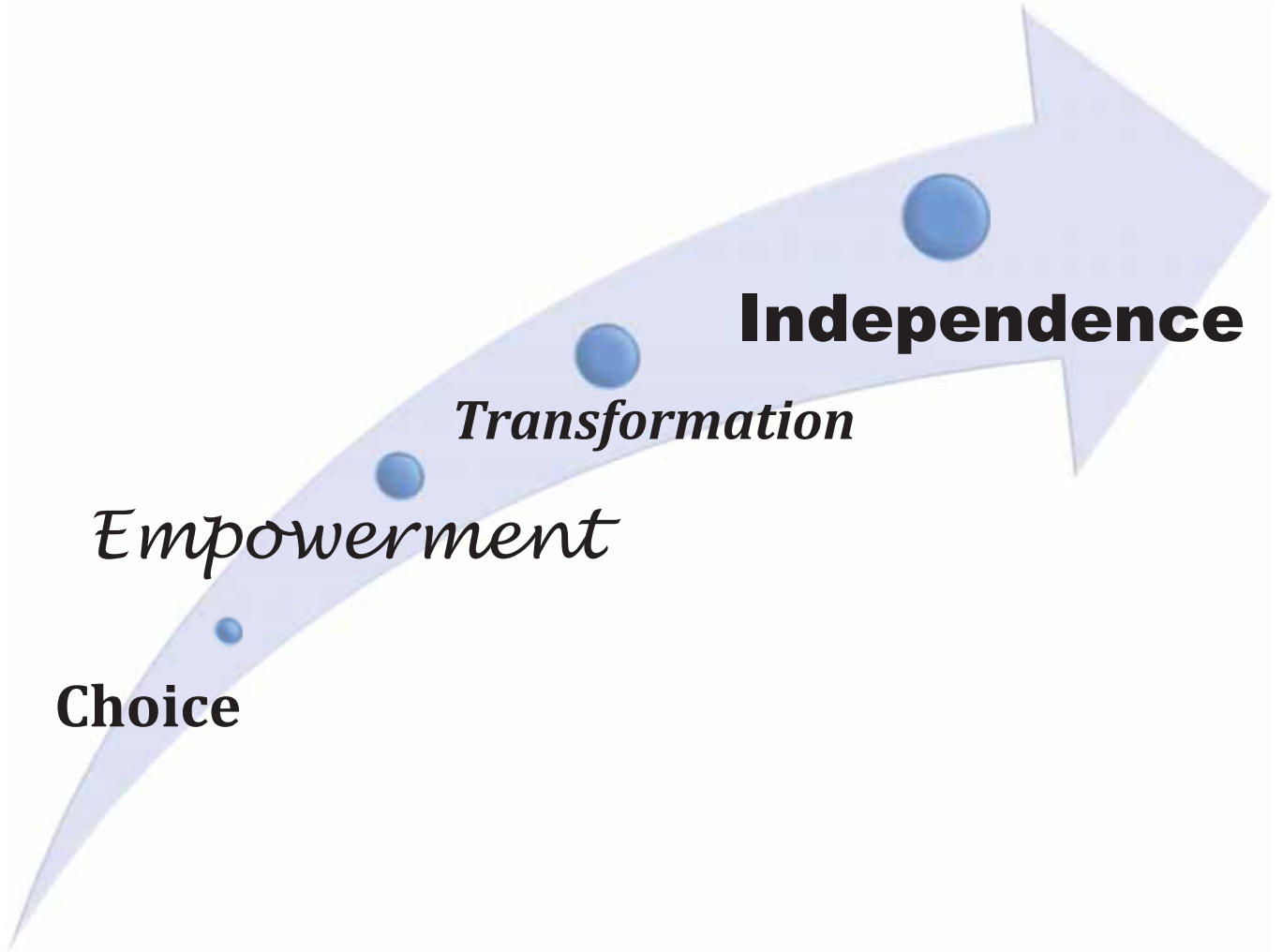


Center for Social Change
ANNUAL REPORT
2014



INSPIRING EXCELLENCE





FROM THE LEADERSHIP



Sajid Tarar LLM |
Chief Executive Officer

Center for Social Change has had an exciting year with many accomplishments. Most notable has been receiving a second three-year CARF Accreditation. This accomplishment was not an easy one and demonstrates the dedication and hard work of all employees at CSC to provide high quality services to each and every individual.

Our quality services have brought about an increase in demand for our services and continued growth in the number of individuals served in our residential and vocational programs. Our Adult Medical Day Care Program has rapidly expanded this year and now serves over fifty participants. This program serves a much needed role in providing a comfortable and supportive environment for adults living with compound medical concerns.

This particular movement has paved the way for additional program expansions in the years to come which seek to fulfill CSC's overall mission of "enhancing opportunities to live healthy, safe and valued lives". We are proud of all our accomplishments and are excited for our future as we reach new heights.

The ultimate goal for Center for Social Change is to provide the highest quality of services so individuals are successful and integrate into the communities surrounding their homes. Integration into the community is seen as important for the individuals we serve, to live full lives with many opportunities and experiences afforded to them.

CSC strives to inspire excellence and takes pride in delivering high quality services by investing in and supporting our staff to assist each individual in achieving this goal. For individuals to have successful lives requires the support and dedication from our committed staff. CSC strives to make the necessary investments in our staff to continue their motivation and commitment for success. We have developed a sound infrastructure that continues to be the base to deliver our quality services. Without such dedication and commitment from our staff, CSC would not have achieved the accomplishment of our three year CARF Accreditation for the second time.

CSC looks forward as we grow to continue such investment in our staff to provide the highest quality services.



Jesse Singh MBA |
Chief Operating Officer

2014 HIGHLIGHTS

CARF Accreditation

Center for Social Change (CSC) received three year CARF International accreditation for the second time in March 2014. This is a huge accomplishment for CSC's individuals and staff. CSC has received CARF for Residential, Employment & Vocational and Adult Medical Day Care Services

Governor's Citation

Center for Social Change received the Governor's Citation for its positive contributions to the community and excellent services to adults and youth with intellectual and developmental disabilities. Governor of Maryland, Martin O' Malley commended the efforts of Center for Social Change in the field of Health Services. Center for Social Change constantly looks for opportunities and avenues to educate and promote support for individuals who have intellectual and developmental disabilities. Center for Social Change serves more than 200 individuals in its various programs.

Trip to Disney World

CSC's staff and individuals took a weeklong cruise to Disney and the Bahamas on Carnival Cruise line! Individuals enjoyed the rides, parades, shows, and posing for pictures with their favorite characters (several individuals got a handshake or hug from Goofy). The Port of Freeport was the final stop before the individuals returned to Baltimore. For a few individuals who had never stepped outside of Maryland, this was a trip of a life time!

Residential Services

Center for Social Change continued to have another exciting year, offering a wide range of supports for adults with developmental disabilities, empowering them to live independently in the community. During the past year, over fifty referrals were received for new individuals requesting CSC to provide their services. Of these referrals, we were able to accommodate nine new individuals into our residential services. We continued to expand, opening new homes for individuals to promote choice, personal growth, and independence. Our goal is to continue with this expansion over the upcoming years.

As individuals enter our services, CSC strives to enhance the well-being of all individuals with developmental disabilities by addressing their health, education, safety, economic stability, and disability issues while focusing on assisting each individual with reaching personal growth goals, expectations, and dreams. Our cruise to Disney and the Bahamas as well as the vacation to Bethany Beach are just a few examples of how CSC assisted individuals in fulfilling a dream. Many activities, such as Sports Day at Centennial Park, Spring Fashion Show, Halloween Party, Holiday Party, and attending various sports events were offered for all to enjoy. CSC continues to be a member of neighborhood associations to be active members and not only participate in what the neighborhood has to offer, but to be able to contribute to the local neighborhood. Individuals participated in annual yard sales, tree lighting ceremonies, and holiday parties.

CSC celebrated our sixth year CARF Accreditation for all programs as well as successfully completing a full review by the Office of Health Care Quality.

Chief of Programs Dana Dimas with Jimmy at the Annual Sports Day.



Andrew *joined CSC's residential program in 2013. At that point Andrew needed help with learning to live independently.*

Today, Andrew is a part time employee at Home Depot where he is working as an associate. His work duties include taking inventory of different items on shelves and at the back storage and report them to his supervisor. Andrew has his own bank account where he deposits his pay check. He is also attending College, working towards his AA degree. Andrew takes public transportation to and from his work and college. Andrew aims to one day become an animator. When Andrew is not at his job site or studying, he works on his collectable train models.

Andrew was very happy and proud the day CSC nurse cleared him for self-medication. That means he understands his medication and knows when and how to take them.

Andrew states that he is very happy with the level of support he has received from CSC to be more independent. Andrew wishes to one day have his own apartment and may be move to CSC's CSLA program. Till then he will continue to receive the motivation and support to attain his goals.

Vocational Day Habilitation Services

Center for Social Change's Vocational Day Habilitation Services are designed to help individuals develop and enhance social skills while developing work readiness skills. Activities are designed to assist each individual to develop skills to tolerate busy environments, cooperate with others, and understanding the norms of a workplace. Learning these "pre-employment" skills is the first step towards successful employment.

Over the past year, individuals have participated in volunteering at a local horse farm helping to clean the grounds, Meals on Wheels delivering to those who cannot leave their home, a neighborhood park for cleanup, and at the local animal shelter.

While in the center, individuals worked in small groups with job coaches participating in many workshops and classes. Some of the favorites this year included Yoga, Zumba, sign language classes, a mammal and reptile learning workshop, making holiday decorations while learning about the holiday being celebrated, an agricultural identification workshop, and math and reading classes. Individuals celebrated birthdays and holidays and enjoyed picnics with karaoke and good food.

All are looking forward to the new ideas for the upcoming year!

*Howard Community College nursing student **Christine**, assisting individuals with Vocational skills*



Susan *is independent, not only enjoying being self-sufficient at home, she has further developed her independence at the CSC's vocational program.*

Every day, Susan shows up at 9am and works hard all day, until her paperwork is done. Her job is to collect and shred papers from the office, which she does with enthusiasm each day. Indeed, no piece of paper passes her by without her asking, "Is that for shredding?" She is especially proud of her own office located on the vocational work floor, and when asked what her favorite part of her job is, she readily replies, "Having my own desk!" Although the room is full of people participating in activities, she remains focused on her job- when people stop by to chat, she hurries them along, saying "I can't talk now, I'm working!" Still, she is able to enjoy the company of others while she works. "Sometimes, the others will sing Karaoke. I like to listen to that," she explains. Susan is not the kind to sit idly by; most often when she is finished with the shredding task, she can be seen helping clean up the hall.

In addition to handling the responsibility of her job, she has begun mentoring others as well to be her assistant. She is an excellent teacher, happy to explain what all of the different papers are and what to do with each of them- which ones to save and which ones to shred. Susan is glad to be able to earn money while doing work she enjoys.

Employment Services

Center for Social Change's Employment Services received many new referrals and expanded to capacity during this past year. The program works to create links with the community to identify, obtain, and maintain successful employment for each individual. Each individual works collaboratively with a job coach to identify and advocate for opportunities that meet the individual's goals and needs. Our successes this year included continued employment for some as well as new employment for individuals at Maryland Live Casino, Walmart, Burger King, and other neighborhood establishments.

CSC's employment services continued to offer on-site job training to better prepare each individual for employability within his or her community. Their success was proven when several individuals were nominated to receive the Employee of the Year award for their outstanding work achievements at the annual Maryland Works luncheon. Although the nominees of CSC were not chosen for the award, all were identified at the luncheon and received a certificate of nomination to show how proud the community is of each of them.

In the upcoming year, CSC will continue to assist individuals with obtaining employment that meets their unique needs assisting all to reach their maximum independence.



Employment Services participants attending Workforce luncheon seminar.

Danny entered the CSC's Employment Services with hope that the supportive, consistent atmosphere would be just what he needed to turn his life around and help him achieve his goals.

Now, two years later, it is clear Danny has had enormous success. Despite a negative history of struggle and frustration, Danny has adjusted very well, has learned how to appropriately handle disappointments and stress. He has also been able to find work he enjoys as part of the CSC Maintenance team. He has an affinity for hands-on work, and has proven himself to be a dependable and capable worker with a great sense of humor. He especially enjoys helping with painting, doing plumbing work and otherwise maintaining the CSC's homes.

Despite how far he has come, Danny has no intention of slowing down; his goals for the future include going back to school to earn his GED, and continuing to make positive choices so he can serve as a role model for other young people.



Adult Medical Day Services

Center for Social Change's Adult Medical Day Services are in an upscale community group setting. We are dedicated to providing optimal medical, recreational, and social treatment in order to improve and maintain each participant's quality of life and overall well-being. Expansion continued over the past year where CSC now serves fifty participants in the Adult medical Day Program.

Participants in the program enjoyed many structured activities to including morning exercise, making holiday fun snacks and decorations, celebrating birthdays, enjoying cooking class to better their nutrition knowledge, while working very closely with medical professionals to ensure their medical needs and care.

Every day, each participant chose what activity he or she wanted to do from watching a movie in the on-site theater, playing pool in the game room, reading a book by one of the many fireplaces, putting a puzzle together, playing a game of cards, or just socializing in the leisure area talking about the current news. They visited with their onsite therapists, nurses, doctors, and other medical professionals while receiving care in a relaxed social environment. Staff continued to assist each individual to obtain community medical care as scheduled as well.

*Bowie State University Intern. **LaShawna** assisting AMDC participant in morning exercise routine.*



Ivy came to the CSC's Adult Medical Day Program and his goal was to be able to walk again and to maintain a cancer free life; Ivy is a survivor of Cancer.

Today, Ivy enjoys his time at the Adult Medical Day program with perfect attendance. Ivy has created positive relationships with peers and staff. Ivy has been actively working to achieve his goal of walking again by working with the physical therapist and having persistent, motivational care. Ivy has been able to encourage others just as much as he is also encouraged.

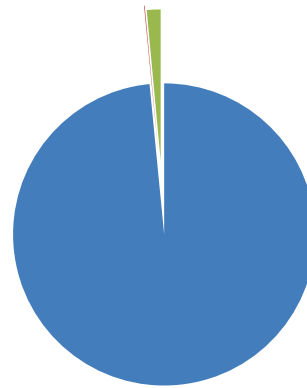
This opportunity has given Ivy the chance to have stable and consistent scheduling of ongoing doctors' appointments. This has also allowed Ivy to enhance his social and recreational opportunities in integrating into the community and building relationships within the community.

In his free time, Ivy enjoys playing cards, specifically a game of Uno and participates in scheduled daily activities, specifically enjoying cooking class. Ivy enjoys socializing with his peers and always has a smile on his face.

FINANCIAL STABILITY

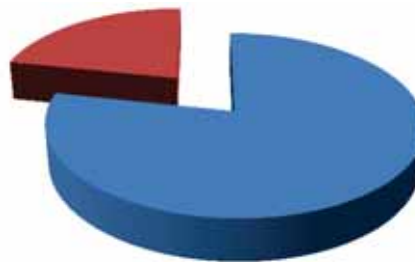


Income for Fiscal Year 2014

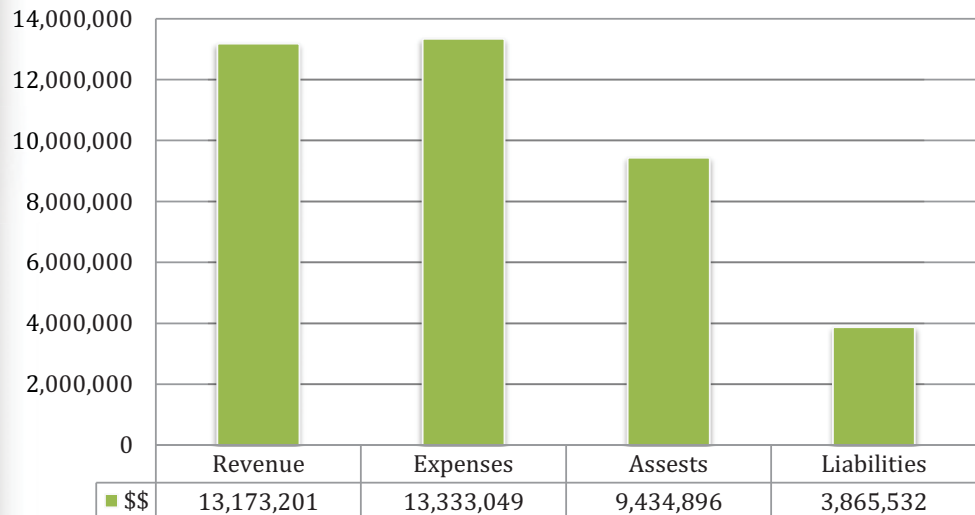


- Program Revenue
\$12,970,040
- Contribution Income
\$9,414
- Other Income \$193,747

Expenses for Fiscal Year 2014



- Program Services
10,438,974
- Supporting Services
\$2,894,075



COMMUNITY PARTNERSHIPS



***Eileen**, Service Learning Volunteer from University of Delaware. She helped individuals with mock interviews at Employment & Vocational Services.*

- Four graduate level interns from University of Maryland Baltimore and Bowie State University (Social Work) are completing their fall and spring semester internship at CSC's Employment & Vocational and Adult Medical Daycare Service. Graduate interns are completing a combined **1920** hours of learning
- Three Students from Howard County Community College completed their service learning hours with CSC. The students completed **120** hours of service learning for their project.
- Four Howard Community College Nursing Program students completed their combined **60** hours at Employment and Vocational Programs.

Center for Social Change's Community Partnership and outreach efforts include building relationships with the universities and colleges. Graduate Interns are taught various forms of services (mental health services, social work case management, leadership training and development) and program management (needs assessment, program evaluation, and outcome evaluation research) based on the Curriculum.



***Lauren and Diana**, MSW interns from UMB- School of Social Work; providing Case Management assessments and Individual Therapy to Residential clients.*



***Sarah**, MSW intern from UMB- School of Social Work, assisting Caitlin Coale (left, Director) at Adult Medical Day Care with admissions and assessments.*

HOW TO HELP To Volunteer :

Our volunteers and interns are passionate people who lend their talents and time so that others' lives may be improved in a multitude of ways. For information, contact us at (410) 579-6789 or email at volunteer@centerforsocialchange.org



ABOUT THE COMPANY

Since 1993, Center for Social Change has been providing support services to people with developmental disabilities. We invite you to be a partner with our mission and vision to serve millions of children and adults with a wide range of disabilities.

Mission Our Mission is to provide services of the highest quality for people with cognitive and developmental disabilities and related disorders including autism that optimize each individual's independence and capabilities, ensure self-determination and rights and, with partnerships in the community, enhances their opportunities to live healthy, safe and valued lives

Vision Our Vision is to provide programs and services to individuals with developmental disabilities and related disorders including autism to live and work in the community and exercise their rights, choice and freedom to live independent of institutional life through integrated efforts of change agents who are passionate about changing lives of people with disabilities

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