

*Center for Social Change*  
**ANNUAL REPORT**  
**2015**



**GIVING**



# COMMUNITY



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# PRIDE



# CHOICE



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# HAPPINESS



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# FROM THE LEADERSHIP



**Sajid Tarar LLM |**  
*Chief Executive Officer*

Center for Social Change has had a very exciting year. As an organization, we are continuing to demonstrate dedication and hard work. All our employees at CSC strive to provide high quality services to each and every individual. We are excited to have completed our 7<sup>th</sup> year of CARF accreditation and are confident about re-accreditation in the coming year.

Our quality services have brought about an increase in demand for our services and continued growth in the number of individuals served in our residential and vocational programs. Our Adult Medical Day Care Program has rapidly expanded this year and now serves over fifty participants. This program serves a much needed role in providing a comfortable and supportive environment for adults living with compound medical concerns.

This particular movement has paved the way for additional program expansions in the coming years which seek to fulfill CSC's overall mission of "enhancing opportunities to live healthy, safe and valued lives". We are proud of all that we have accomplished and are looking forward to expanding to other areas such as assisted living pensions.

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The ultimate goal for Center for Social Change is to provide the highest quality of services so individuals are successful and integrate into the communities surrounding their homes. Integration into the community is important for the individuals we serve. We aim to provide individuals with the support they need so they may have the "freedom to live independent of institutional life". This allows them to live full lives with many opportunities and experiences afforded to them.

CSC strives to inspire excellence and takes pride in delivering high quality services by investing in and supporting our staff to assist each individual in achieving this goal. For individuals to have successful lives, they require the support and dedication from our committed staff. CSC strives to make the necessary investments in our staff to continue their motivation and commitment for success. We have developed a sound infrastructure that continues to be the base to deliver our quality services. We have successfully completed our final year of our second CARF accreditation and are on the path of re-accreditation for the coming years. Without the dedication and commitment from our staff, CSC could not have delivered the high quality services that we currently offer.

CSC looks forward as we grow to continue such investment in our staff to provide the highest quality services.



**Jesse Singh MBA |**  
*Chief Operating Officer*

# 2015 HIGHLIGHTS

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## Baltimore City Senior Center

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Center for Social Change (CSC) helped many residents of the Senior Center in Baltimore City who were affected by the riots during 2015. CSC provided these residents essential hygiene supplies to help lessen the burden of basic needs during these times.

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## Baltimore Kid's Center

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Center for Social Change in partnership with the Governor's Office donated 10 computers to the center for assisting Baltimore City Youth. CSC participated in the ribbon cutting ceremony for the grand opening of the center and took along 150 backpacks to better prepare the children for an appropriate educational experience.

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## Giving Thanks

A group of staff from CSC along with staff from the Governor's Office met Thanksgiving morning in a commonly congregated area in Baltimore City where many who are homeless gather for social support. CSC gave Thanks this year and provided turkeys and emergency kits (to include blankets, hats, gloves, can food, etc.) to approximately 100 people who were homeless to make their holiday memorable.

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# CSC Gives Back

CSC has made many leaps since becoming established in 1993. With the help of the community, we have become an accredited institution that strives to better the lives of the individuals that receive our services. Seeing the generosity of the community, CSC has extended their hand in contributing to multiple community programs. We have teamed with many organizations such as the Martin Luther King Youth Center and the Governor's Office in helping the community.

Our individuals are gaining much support from the community through employment opportunities and community outings. CSC believes that it is important to give back to the community. It is not enough to only the better the lives of the individuals at our center. CSC would like to continue our contributions to the community in the hopes that by giving back, we can enhance everyone's "opportunities to live healthy, safe and valued lives".



*CEO Sajid Tarar LLM and COO Jesse Singh MBA at the MLK Youth Center with donated computers.*



*CSC giving thanks to the homeless*



*Backpack donation at the MLK Youth Center.*



*Chief of Programs Dana Dimas with Jonathan Mackey at the annual Spring Fashion Show.*



*CSC Science Fair in the vocational program.*



*Rick doing limbo with staff at CSC's annual Sports day at Centennial Park*



*Vocational program picking pumpkins at the Fall Festival.*



*Enjoying the annual Memorial Day BBQ at CSC.*



*The men at Downeydale celebrating St. Patrick's Day.*

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# Residential Services

Center for Social Change continued to have another exciting year, offering a wide range of supports for adults with developmental disabilities, empowering them to live independently in the community. During the past year, over fifty referrals were received for new individuals requesting CSC to provide their services. Of these referrals, we were able to accommodate nine new individuals into our residential services. We continued to expand, opening new homes for individuals to promote choice, personal growth, and independence. Our goal is to continue with this expansion over the upcoming years.

As individuals enter our services, CSC strives to enhance the well-being of all individuals with developmental disabilities by addressing their health, education, safety, economic stability, and disability issues while focusing on assisting each individual with reaching personal growth goals, expectations, and dreams. Our vacation to Bethany Beach and coordinating personal sight-seeing tours to Washington DC and the Inner Harbor are just a few examples of how CSC assisted individuals in fulfilling a dream. Many activities, such as Sports Day at Centennial Park, Spring Fashion Show, Halloween Party, Holiday Party, and attending various sports events were offered for all to enjoy. CSC continues to be a member of neighborhood associations to be active members and not only participate in what the neighborhood has to offer, but to be able to contribute and give back to the local neighborhood. Individuals participated in annual yard sales, tree lighting ceremonies, and holiday parties.

CSC celebrated our seventh year of CARF Accreditation for all programs.



*Enjoying a day at the beach on the annual trip to Bethany Beach*

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# Vocational Day Habilitation Services

Center for Social Change's Vocational Day Habilitation Services are designed to help individuals develop and enhance social skills while developing work readiness skills. Activities are designed to assist each individual to develop skills to tolerate busy environments, cooperate with others, and understanding the norms of a workplace. Learning these "pre-employment" skills is the first step towards successful employment.

Over the past year, individuals have participated in volunteering at a local horse farm helping to clean the grounds, Meals on Wheels delivering to those who cannot leave their home, a neighborhood park for cleanup, at the local animal shelter, and a health center helping to complete janitorial work.

While in the center, individuals worked in small groups with job coaches participating in many workshops and classes. Some of the favorites this year included Yoga, Zumba, sign language classes, a horticultural learning workshop, making holiday decorations while learning about the holiday being celebrated, an agricultural identification workshop, and math and reading classes. Individuals celebrated birthdays and holidays and enjoyed picnics with karaoke and good food.

All are looking forward to the new ideas for the upcoming year!



*CSC participants of the Day Habilitation Program enjoyed their visit to Washington DC's Air and Space museum at the Smithsonian Institute.*



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# Employment Services

Center for Social Change's Employment Services received many new referrals and expanded to capacity during this past year. The program works to create links with the community to identify, obtain, and maintain successful employment for each individual. Each individual works collaboratively with a job coach to identify and advocate for opportunities that meet the individual's goals and needs. Our successes this year included continued employment for some as well as new employment for individuals at Maryland Live Casino, Horse Shoe Casino, Walmart, Giant, Lorien Health Services, Mister Car Wash, and other neighborhood establishments.

CSC's employment services continued to offer on-site job training to better prepare each individual for employability within his or her community. Their success was proven when several individuals were nominated to receive the Employee of the Year award for their outstanding work achievements at the annual Maryland Works luncheon. Nominations were submitted for many achievement ceremonies for individuals in Supported Employment. and Nathan Stokes for Employee of the Month at Maryland Live Casino.

In the upcoming year, CSC will continue to assist individuals with obtaining employment that meets their unique needs assisting all to reach their maximum independence.



*Danny White was presented as a winner for the MACS Achievement Award*

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# Adult Medical Day Services

Center for Social Change's Adult Medical Day Services are in an upscale community group setting. We are dedicated to providing optimal medical, recreational, and social treatment in order to improve and maintain each participant's quality of life and overall well-being. Expansion continued over the past year where CSC now serves over fifty participants in the Adult medical Day Program.

Participants in the program enjoyed many structured activities to including morning exercise, making holiday fun snacks and decorations, celebrating birthdays, enjoying cooking class to better their nutrition knowledge, while working very closely with medical professionals to ensure their medical needs and care.

Every day, each participant chose what activity he or she wanted to do from watching a movie in the on-site theater, playing pool in the game room, reading a book by one of the many fireplaces, putting a puzzle together, playing a game of cards, or just socializing in the leisure area talking about the current news. They visited with their onsite therapists, nurses, doctors, and other medical professionals while receiving care in a relaxed social environment. Staff continued to assist each individual to obtain community medical care as scheduled as well.

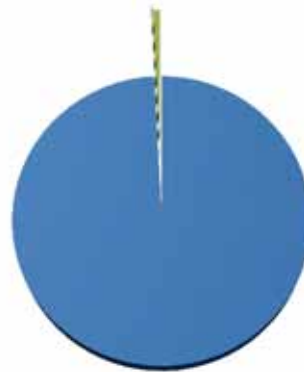


*Fun at CSC Adult Medical Day*

# FINANCIAL STABILITY

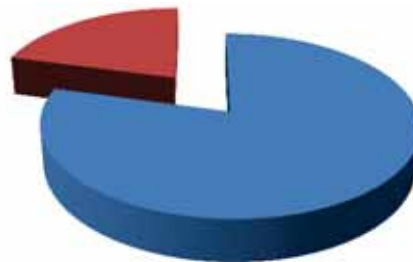


## Income for Fiscal Year 2015

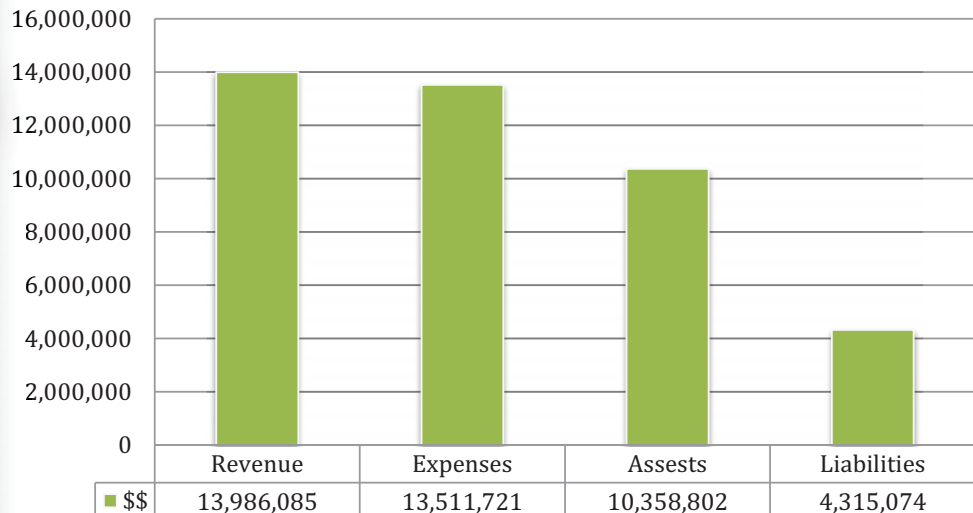


- Program Revenue  
\$13,872,628
- Contribution Income  
\$4,179
- Other Income  
\$109,278

## Expenses for Fiscal Year 2015



- Program Services  
10,696,991
- Supporting Services  
\$2,802,708



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# COMMUNITY PARTNERSHIPS

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Center for Social Change's Community Partnership and outreach efforts include building relationships with the community, universities and colleges. Graduate Interns are taught various forms of services (mental health services, social work case management, leadership training and development) and program management (needs assessment, program evaluation, and outcome evaluation research) based on the Curriculum.

As part of Center for Social Change's community involvement and outreach efforts we have developed relationship with the following:

- One intern from University of Maryland Baltimore County (Health Services) is completing her fall and spring semester internship at CSC's employment & Vocational.
- Community Integration is a vital goal for CSC. CSC has continued and expanded participations (or membership) with:
  - Maryland Chamber of Commerce
  - Baltimore County Chamber of Commerce
  - Maryland Council of Directors of Volunteer services
  - Maryland Association of Nonprofits (MANO)
  - Maryland Works
  - Disability Sports USA
  - Liberty Road Business Association (LRBA)
  - Liberty Road Community Council (LRCC)
  - Fieldstone Community Association
  - Howard County Commission on Disability Issues (CDI)

CSC actively participated in quarterly and annual meetings of LRBA and LRCC. CSC was again an annual Sponsor for the Liberty Road Tree Lighting Ceremony at Randallstown Gateway Park.



*Briarstone participating with their community at the annual yard sale.*

## HOW TO HELP To Volunteer :

Our volunteers and interns are passionate people who lend their talents and time so that others' lives may be improved in a multitude of ways. For information, contact us at (410) 579-6789 or email at [volunteer@centerforsocialchange.org](mailto:volunteer@centerforsocialchange.org)



## ABOUT THE COMPANY

**Since** 1993, Center for Social Change has been providing support services to people with developmental disabilities. We invite you to be a partner with our mission and vision to serve millions of children and adults with a wide range of disabilities.

**MISSION** Our Mission is to provide services of the highest quality for people with cognitive and developmental disabilities and related disorders including autism that optimize each individual's independence and capabilities, ensure self-determination and rights and, with partnerships in the community, enhances their opportunities to live healthy, safe and valued lives

**VISION** Our Vision is to provide programs and services to individuals with developmental disabilities and related disorders including autism to live and work in the community and exercise their rights, choice and freedom to live independent of institutional life through integrated efforts of change agents who are passionate about changing lives of people with disabilities

## OFFICE OF THE BOARD

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Dr Badar Shaikh	Director
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Sajid Tarar	Executive Director/Chief Executive Officer
Jesse Singh	Chief Operating Officer
Raeshonda Smith	Executive Secretary

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Dana Dimas	Chief of Programs
Nataliya Todorova	Director of Finance & Human Resources
Jai Nibber	Director of Operations
Caitlin Coale	Director of Adult Medical Day Care
Rodney Greene	Assistant Director or Programs
Rahkel Govantes	Assistant Director of Employment & Vocational Day Program



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